

VOL. 26, NO. 19

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 9, 2018

NOVEMBER SUNRISE/SUNSET: 9 7:43 • 6:42 10 7:43 • 6:41 11 6:44 • 5:41 12 6:45 • 5:40 13 6:46 • 5:40 14 6:46 • 5:39 15 6:47 • 5:39

Collaborative Exhibit At Bailey Homestead

Wings is the theme of the November art exhibit, being sponsored by Sanibel-Captiva Conservation Foundation (SCCF) and Sanibel-Captiva Art League (SCAL), which is showing at the SCCF Bailey Homestead Preserve, located at 1300 Periwinkle Way. This exhibit features fresh works of art and was open to all members of the art league and SCCF.

"This is our first exhibit together with SCCF and the first art exhibit in the Bailey house," said Anita Force Marshall, SCAL vice president, "It's a great collaboration with SCCF, whose foundation truly makes Sanibel a unique and special island filled with natural beauty."

The exhibit will can be viewed through November 29, Monday to Friday from 9 a.m. to noon. The gallery is open to the public and all artwork is for sale, with a portion of each sale being donated to SCCF.

"This exhibit is mutually beneficial for both organizations and we showcase



Florida Butterflies by Carolyn Johns images provided

aspects of both organizations," said Jenny Evans, Native Landscapes & Garden Center manager. "Participants, and hopefully visitors, are able to focus on a topic related to SCCF, while SCAL can highlight their artistic talents. Plus, I think it's a good way to spread awareness about both SCCF and SCAL, so both organizations can reach new people outside of their traditional audiences." "I think you will be surprised at the different ways that the artists have



Looking Up Donax by Peter Zell

interpreted the theme of Wings," added Evans. "The quality of the art is terrific, and it's wonderful that so many artists were excited about the exhibit, the collaboration with SCCF and SCAL, and decided to enter a work of art." For more information, visit www.sccf. org or www.sancapart.com.🛠



At the inaugural Coastal Keepers fundraiser held in March, Dr. Bruce Neill, executive director of Sanibel Sea School, handing one of the live auction participants their prize: a vintage tackle box photo by Jeff Lysic

Fundraiser For Coastal Keepers

by Jeff Lysiak

The second rendition of the annual fundraiser for Coastal Keepers, dubbed The Launch, will take place from 6 to 10 p.m. on Saturday, photo by Jeff Lysiak

November 17 at The Community House, located at 2173 Periwinkle Way. Coastal Keepers, formerly the Sanibel-Captiva Chapter of START (Solutions To Avoid Red Tide), operates as an independent branch of Sanibel Sea School to create and implement local conservation initiatives that promote and improve the future of marine resources,

continued on page 26

Taste Of The Islands This Sunday



Crowds gathered at Sanibel Community Park for last year's Taste of the Islands photo by Jeff Lysiak

by Jeff Lysiak

ne of the best ways that local foodies can experience samples of some of Sanibel and Captiva's most eclectic and delicious cuisine is during Taste of the Islands, the annual fundraiser for the Clinic for the Rehabilitation of Wildlife (CROW). On Sunday, November 11 from 12:30 to 5 p.m., this year's lineup of 13 island restaurants will showcase some of their tastiest menu items at Sanibel Community Park.

"We have an amazing lineup of restaurants this year," said Linda Estep, executive director for CROW. "This is a great opportunity for the community to come together to support each other after being hit hard with the effects of red tide this summer."

The 37th edition of Taste of the Islands continued on page 25

Community House

Hands-on Cooking Class

The next hands-on cooking class with Chef Jarred Harris will be held on Monday, November 12 from 10 a.m. to noon. Menu items include: vegetable gumbo and spicy eggplant beignets; arugula, fennel and citrus salad; jackfruit and vegetable pot pie; and pear and walnut tart with honey ice cream. Cost is \$50 for members and \$60 for guests.

Cooking demonstrations will be held on Monday, November 19 and 26 from 4 to 6 p.m. Cost is \$35 for members and \$50 for guests.

Volunteer Training

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DOD PROGRAMS

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A training session for SCA and new

volunteers will be held on Wednesday, November 14 at 10 a.m. Coffee will be served and there will be an overview of volunteer areas. Register online.

Colorful Sips With Sissi Janku

There will be a Colorful Sips painting party with Sissi Janku on Wednesday, November 14 from 7 to 9 p.m. All levels of painters are welcome to snack, sip and paint in a relaxed atmosphere. During the class, you will create a wet on wet background, adding loosely sketched poppies with an emphasis on the flower at the focal point. Call or register online.

Baking With French Chef

The next class with French Chef Andre Gratesol will be held on Friday, November 16 beginning at 10 a.m. Learn how to make French cookies, butter cookies, almond croissants, coconut specialties and assorted sweets, with Christmas in mind. The chef will also show you how to turn bread dough into a Thanksgiving turkey. Cost is \$50 for members and \$60 for guests. Sign up online.

The final program with Chef Gratesol will be held on Thursday, December 6.

Kids Cooking First Mondays

The next kids cooking class will be held on December 3. Classes are held on the first Monday of the month from 2:30 to 5:30 p.m. Additional dates are January 7, February 4, March 1, April 1 and May 6. Young chefs will learn fundamental nutritional cooking skills, basic kitchen



Painting by Sissi Janku

image provided

F.I.S.H. Open House Monday, November 12th 4:00-6:00 P.M.

F.I.S.H. OF SANCAP

Please join F.I.S.H. OF SANCAP for a personal tour led by our board members. Discover how F.I.S.H. positively impacts our community and assists our neighbors. Light hors d'oeuvres with wine pairing will be provided. The F.I.S.H. Open House event is generously sponsored by Inky and Jack Meng



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awareness and food preparation. Students will explore different cultures using nutritious whole foods. Cost is \$50 per session or \$175 for four classes when paid in advance. Register online. Some scholarships have been provided, thanks to the Rotary and Kiwanis clubs, as well as private individuals. If you are interested in donating towards these scholarships,

call Teresa at 472-2155. **Shell Crafting** Shell Craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would

like to view or purchase their work.

Honey For Sale

There is honey for sale, harvested from the hive at The Community House. Mango chutney is also available, made from locally grown mangoes. Holiday spiced pumpkin chutney is coming soon.

Yoga Classes

Yoga classes have begun and are held on Tuesdays and Thursdays at 10 a.m. For more information, call or visit the website.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.[‡]





Sanibel Officer Anthony Neri with a future police officer at the Pumpkin Patch Party photos provided

Fun For All Ages At Pumpkin Patch Party

Sanibel Christian Preschool celebrated with an annual Pumpkin Patch Party on October 31. Teachers, students and parents dressed in their favorite costumes for the occasion. Even the playground playhouse was decked out as a tractor with a "costume" created by teacher Lora Lea Plummer.

The school extends a special thank you to Sanibel Police Officer Anthony Neri for stopping by so a student could



Director Ana Abella and one of the students came as Wonder Woman

compare his costume to Officer Neri's uniform.

After a brief concert by the students, everyone had fun with face painting, cookie decorating (and eating), and picking out their own pumpkins to take home. Director Ana Abella, along with teachers Nancy Black and Plummer, made sure each student had plenty of help so they could enjoy each activity.

Sanibel Christian Preschool is a community outreach by the Sanibel Congregational United Church of Christ, offering a quality education with plenty of love for 2-, 3- and 4-year-old students. To register your child or for more information about the preschool, contact Ana Abella at 472-0497 or visit www. sanibelucc.org/preschool.**



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Preschool students in their pumpkin patch

4 ISLAND SUN - NOVEMBER 9, 2018

Captiva Island Historical Society Looking Back: Dr. John Henderson



Dr. John Henderson, Mac McLane and Betty Henderson photo courtesy Captiva Island Historical Society Archives

This week's image features Dr. John Henderson (in black hat) with Mac McLane, the Sanibel Lighthouse keeper, and Betty Henderson in the early 1930. Dr. Henderson wrote the book *Emergency Medical Guide*. The History Gallery, developed by the Captiva Island Historical Society, features

many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaislandhistoricalsociety. org/archives/research to view many more images to bring you closer to Captiva.

Churches/Temples

ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www. annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296. **HISTORIC CAPTIVA**

CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646. **FIRST CHURCH OF CHRIST, SCIENTIST** Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional

in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary, 9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684. SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www. sanibelucc.org, 2050 Periwinkle Way, 472-0497.

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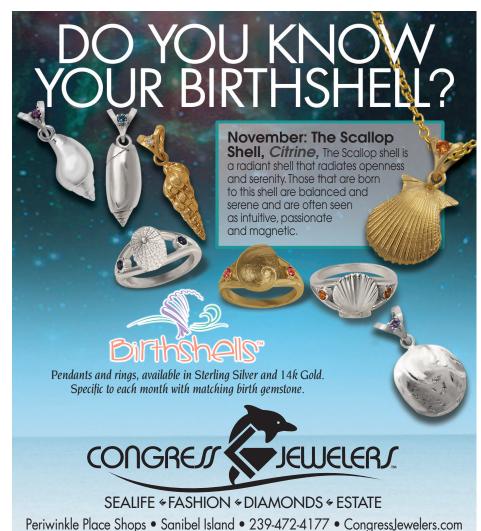
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www. saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.**



San-Cap Art League 2nd Saturday







SHOW & SALE On the Verandah at Bailey's Center Saturday, November 10 10 am to 3 pm

Meet the artists and enjoy their work

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Suncoast Brass Veterans' Day Performance

n Sunday, November 11, Sanibel Congregational United Church of Christ will honor veterans, and will also welcome back the Suncoast Brass. The ensemble will provide most of the music for both the 9 a.m. blended service and the 11 a.m. traditional worship service. The blended service musicians - song leader and saxophonist Shawn Allison, pianist Abbey Allison and guitarist Dave Dust – will also play at the 9 a.m. service; and the Chancel Choir will sing at photo provided

the 11 a.m. service. The musicians of the Suncoast Brass are Cindy Scaruffi-Klispie, trumpet; Alan R. Klispie, trumpet; Dana Williams, French horn; Jamie Marshall, trombone; and Tom

Kracmer, tuba. All have extensive and impressive musical backgrounds. The Suncoast Brass has provided quality brass playing to Southwest Florida since 1989. Their extensive repertoire includes classical, contemporary, Dixieland, jazz, marches and Broadway

musicals A chapel service is offered at 7:45 a.m. on Sundays. The church is located at 2050 Periwinkle Way.☆



Services Resume At Captiva Chapel

he second Sunday of November will mark the beginning of the 70th season of Sunday worship services at the historic Captiva Chapel by the Sea.

The Rev. Dr. John Cedarleaf invites residents and visitors to attend the chapel's inter-denominational services. Rev. Cedarleaf said, "The setting and style of Captiva Chapel by the Sea opens possibilities for conversations that are deep and nurturing."

The chapel is said by many to be, in the words of Celtic spirituality, a "thin place" where God is uniquely present. The gentle



photo provided

breezes off the gulf, soaring ospreys and seagulls, the gathering of people from different states, countries and faith traditions, the sounds of sacred music, all contribute to a soul-inspiring and spiritually uplifting experience.

Captiva Chapel by the Sea

Beginning on November 11 and continuing through the end of April, in addition to the 11 a.m. Sunday morning worship services, the chapel is open daily for visitors to stop by and learn how this early-1900s schoolhouse became this place where people come to pray and meditate, be baptized, join in marriage, renew wedding vows and become motivated to assist humanity through various ministry and social outreach endeavors

In 2015, the Chapel Cemetery and The Captiva School/Chapel by the Sea were recognized on the National Register of Historic Places. Another highlight of the chapel is the Christmas Eve service. Close to a thousand people make their way to sit inside the historic structure and outside under the Christmas lights, sing carols, hear the old story and light candles in celebration of the birth of Jesus Christ.

For more information, follow the Chapel on Facebook at www.facebook.com/ Captiva-Chapel-By-The-Sea or visit www.captivachapel.com.



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ChoRuss Russian Ensemble To Perform At St. Michael's

hoRuss, a widely acclaimed Russian vocal ensemble, returns by popular demand to St. Michael & All Angels Episcopal Church for its third appearance at 5 p.m. on Sunday, November 18 in the church Sanctuary. The ensemble consists of professional musicians singing Russian traditional and spiritual music.

According to Dmitri Petrov, the group's director and tenor, the ensemble specializes in sacred repertoire of the 19th and 20th centuries that accompanies worship in the Russian Orthodox Church. "Many important Russian composers were inspired by the Orthodox tradition," he said. "We are delighted to bring this repertory to Sanibel and St. Michael's once more. We hope to tell our audiences, through music, about Russia and its cultural heritage."

The repertoire is sung a cappella in the ancient Orthodox style. The program features music by Russian composers little known in the west, including Dmitry Bortniansky, Pavel Chesnokov and Alexander photo provided

Arkhangelsky. The program also includes Russian folk songs and Christmas carols.

Founded in 2012, ChoRuss has performed extensively in France, Germany, Switzerland and the United Kingdom. It is currently on a 20-concert American tour, with in-concert or worship service performances in Florida, Alabama, Georgia, North Carolina, South Carolina and Tennessee. The singers, conducted by Petrov, are all conservatory-trained, professional soloists.

St. Michael's rector Ellen Sloan said, "The singers are amazingly talented. We are so glad to have them back with us again. Their sacred music is deeply inspiring, the folk music is filled of joy, and Dmitri's sense of humor is ever present."

The concert is free and open to the public. Tickets are not required. Freewill donations will be accepted. A meet the artists reception, with light refreshments, will follow the concert in the parish hall. The group's CD, *Russian Spiritual and Folk Songs*, will be available for purchase during the reception.

For more information, call 472-2173 or visit www.saintmichaels-sanibel.org. St. Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way.

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Bible Discussion This Saturday At Sanibel Church

Soffering a program, titled Dig, Discover, Disciple, a deep time of equipping on Saturday, November 10 at 8:30 a.m. in Fellowship Hall. Pastor Doug Hummer will speak on Reading Your Bible Supernaturally, followed with practical break-out discussion and application sessions.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.



Doug Hummer

photo provided



Jean Baer of Sanibel Island Farmers Market photo provided

Sanibel Veterans Day Ceremony

The City of Sanibel and the Lee Coast Chapter of the Military Officers Association of America (MOAA) will conduct the annual Veterans' Day Ceremony to honor military veterans on Sunday, November 11 on the grounds of Sanibel City Hall. Military music will begin at 10:30 a.m. and the ceremony will start at 10:45 a.m. Fred Bondurant, past chapter president, will officiate. Mayor Kevin Ruane, city council members and city manager Judie Zimomra are expected to participate. The BIG ARTS Concert Band will

provide music.

This year's guest speaker is Michael Macray, who will speak about the World War I Armistice Agreement which occurred 100 years ago on this date.

For those who have never attended, one of the most touching aspects of the ceremony is Remembrances, where veterans recall their military experiences and how they and others were affected by them. Any veteran who wishes to participate is welcome to do so.

Sanibel City Hall is located at 800 Dunlop Road.☆

Council Confirms Decision To Deny Application

by Jeff Lysiak

During Tuesday's Sanibel City Council session, a continuation of the quasi-judicial hearing to appeal the planning department's decision to deny an application seeking conditional use approval to bring a low-speed, electric-powered vehicle rental business to the island ended in a split decision. Members of the council voted 3 to 2 in favor of upholding the commission's May 22 ruling.

Laura DeBruce and Jeffrey Blackman, owners of Sanibel Carts, LLC, submitted an application to open a low-speed vehicle rental business within the Palm Ridge Place shopping center. They planned on an inventory of seven street-legal, solar/electric vehicles (five of them four-passenger vehicles, with the other two six-passenger vehicles) that would be rented out of Suite 15 of the commercial building.

According to the staff report presented to the planning commission in May, the proposed business would not comply with the Sanibel Plan's goal of reducing the volume of traffic on Sanibel. "Staff finds that the proposed rental vehicles, although batterypowered and more environmentallyfriendly than the common automobile, will still provide increased opportunities for automobile usage on-island and place additional demand on the natural infrastructure and roadway systems," the report reads, in part. Safety was an additional concern raised by both the staff report and commissioners.

After deliberating for more than two and a half hours, the planning commission voted to deny the application, 6 to 1, with Commissioner Roger Grogman casting the lone dissenting vote.

DeBruce and Blackman, who claimed that they were "stunned" when they received word four days before their application was to be heard that the city's planning department staff was recommending denial, filed an appeal to the commission's decision. Last month, that appeal was brought forth to the council, which deliberated for nearly 90 minutes before deciding to continue the matter until November 6.

According to City Attorney John Agnew, members of the council should decide whether the planning commission "has properly interpreted and applied the provisions of the land development code based upon the application and evidence presented to the planning commission."

During their eight-minute presentation, DeBruce called the commission's decision "inherently unreasonable." Citing the state statute that allows slow-moving vehicles to operate on city streets, and Sanibel's laws which permit mopeds, scooters and other slow-moving, electric-powered vehicles to operate legally, the couple also stated that their vehicles create less pollution, are smaller and better for the environment, and safer for wildlife than standard, gasoline-powered vehicles.

Councilwoman Holly Smith, expressing her concern that the applicants weren't offered "a fair and consistent process," made a motion to reverse the planning commission's decision. During last month's hearing, Smith noted that she was surprised that the staff report recommended "a straight denial" rather than offering a list of recommended conditions for approval.

Keith Williams, the city's community services director, stated that the applicants were given a reasonable opportunity to present their case to the planning commission, and that the May 22 hearing was "not a one-sided decision."

While Smith's initial motion to reverse the planning commission's decision was rejected by a 4 to 1 vote, Vice Mayor Mick Denham suggested that the council place a discussion item on their December 4 agenda to investigate the city's current regulations on all electric-powered and slow-moving vehicles – including electric carts, golf carts and electric bikes, scooters, mopeds and Segways.

"We want to make sure that we cover it all," said Mayor Kevin Ruane, who hoped that he and his fellow council members might consider making amendments to the existing regulations in order to address concerns raised during the application process. "Let's come up with a set of rules that offer a lot more clarity."

Later, Councilman Jason Maughan made a motion to confirm the planning department's May 22 decision, which was approved by a 3 to 2 vote, with Smith and Ruane dissenting.

In other business, councilors approved appropriating \$13,883 in funding towards the purchase and installation of playground equipment at Bowman's Beach. According to the resolution, \$10,000 of the funding for this project was received as a donation from a private citizen and was included in the final ending fund balance in fiscal year 2018. Also, \$3,883 of the funding is being reallocated from the existing fiscal year 2019 repair and maintenance budget.

Also, three citizens – Edward Holden, Jennifer Maughan and Kathleen Pereles – were appointed to the city's vegetation committee.

City Manager Judie Zimomra presented the recommendations from the planning commission regarding the document Criteria and Procedures for Appropriately Recognizing Historical People on Sanibel. The two-page document, approved on October 23, includes details regarding historical basis and documentation, public support for the naming/renaming, implementation considerations and procedures for the application, public notice and review.

Councilman Chauncey Goss, who stated he was "100 percent comfortable" with the changes recommended by the commission, offered that he didn't see a need to pass the document back to the city's historical preservation committee for review. Smith then made a motion to bring the matter back at next month's council meeting for discussion and final approval. That motion was approved unanimously.^{*}

Email editorial copy to: press@islandsunnews.com





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Students at worship service, back row front to back, Chase Nave, Wyatt Whalen, Blake Dellenback, Kristian Schafer and Alex Santoro; middle row front to back, Jessica Chavez-Santana, Marianna Tison, Lydia Whale and Lauren Macalka; front row front to back, Summer Santoro Heidi Hall and Kate Doster photos provided

Youth Ministry Spends Weekend At Dude Ranch

n September 28, 31 middle and high school students and 11 leaders from Sanibel Community Church H2O youth group set off for a weekend adventure at the Circle F Dude Ranch in Lake Wales, Florida. The ranch is located on 500 acres of live oaks, rolling hills and a private, 43-acre spring-fed lake, which made it the perfect

place for the annual Camp 737. The purpose of the trip is to gather middle and high school students for a weekend of discipleship and fellowship. Camp 737 gets its name from H2O's theme verse, which is John 7:37-38: "Anyone who is thirsty may come to me! Anyone who believes in me may come and drink! For the scriptures declare, 'Rivers of living water will flow from his heart.

The weekend was filled with worship, Bible discussions, small groups, camp activities and great food. The speaker, Dell Cook from Worldview Academy, focused lessons and discussions on Christian ethics. Cook holds two master's



Front from left, Summer Santoro, Alex Santoro, Blake Dellenback and Tyler Dellenback; bac from left, Youth Pastor Kevin Schafer and Nik Bakos

degrees in theology.

Activities included climbing a 60-foot rock wall and alpine tower, zip-lining and plunging from a bungee rope from 50 feet. Teens and leaders also did some horseback riding through the forest, marshes and lakeside.

In the early evening, teens cooled off in the lake, which had water trampolines and the famous "Blob." They took turns catapulting each other into the water by jumping on the trampoline. Youth Pastor Kevin Schafer said,

"The highlight of the trip was four middle school students who chose to follow the Lord in believer's baptism on Saturday

night." The evening's celebration ended with a hayride and bonfire, complete with roasting marshmallows and making s'mores.

Throughout the weekend, many teens and leaders overcame fear and accomplished feats they typically would never do. The smiles, laughter and accomplishments made for an unforgettable trip filled with lasting memories.

As the bus pulled away, the group heard, "Y'all come back now!" It was unanimous. H2O teens and leaders are definitely returning to the Circle F Dude Ranch next year.

The Community House presents the first of its **COMMUNITY INTERESTS SERIES**

Monday, November 19 from 7 to 8:30 p.m.

Red Tide FACTS versus FICTION

YOU ask the experts

A panel discussion with Dr. Rick Bartleson (SCCF Marine Lab) and Dr. Bruce Neill (Sanibel Sea School) based on YOUR questions concerning our water problems

All are welcome and encouraged to attend Get the real insight on Southwest Florida water issues

We need YOU and YOUR questions



\$5 donation suggested

The Community House

SANIBEL COMMUNITY ASSOCIATION

Telephone: (239) 472-2155 • 2173 Periwinkle Way, Sanibel, FL 33957 info@SanibelCommunityHouse.net • www.SanibelCommunityHouse.net

MASTERSINGERS PRESENTS: SHALL WE DANCE

Sunday, November 11, 2018

3:00pm

Sanibel Community Church

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From left, Hudson Hanni, Isabelle Quillen, Brynn Selby, Blake Walsh, Taylor Szymanczyk, Yari Mendez, Jordyn Bornhorst and Truman Jones photo provided

Preschoolers Learn About Life On The Farm

Preschoolers from Summit Christian Preschool at Sanibel Community Church recently spent a day in the pasture. Students Hudson Hanni, Isabelle Quillen, Brynn Selby, Blake Walsh, Taylor Szymanczyk, Yari Mendez, Jordyn Bornhorst and Truman Jones took a quick break on their cattle drive after roaming the church grounds looking for green pastures. The children spent the past two weeks learning about farm life and concluded it by making butter and having a "moovalous" time with their cow costumes.

For more information about Summit Christian Preschool, located at 1740 Periwinkle Way, call Leslie at 472-5500.暮

Church Bids Farewell To Pastor



The Livermon family: Brad, Courtney, Malachi, Rivkah, Korynn and Gretta

A fter nearly 11 years of faithful service as missions pastor and director of contemporary worship, Pastor Brad Livermon has responded to a call to a creative mission ministry in the Carolinas.

Pastor Brad came to Sanibel Community Church as a newlywed with his wife, Courtney. The Livermon family of six now departs with the blessings, prayers and love of the congregation as they launch into their new venture.

Sunday, November 11 will be the Livermons' final Sunday at Sanibel

Community Church. A picnic "launching" luncheon will be celebrated as they depart. At 12:15 p.m., there will be a gathering in Fellowship Hall for a meal, followed by a short program of recognition. Participants are invited to bring a salad or dessert to share. Everyone is encouraged to bring cards and monetary gifts to express their gratitude to the Livermons for their years of service.

photo provided

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, call 472-2684.**



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American Beautyberry

by Gerri Reaves

Few native Florida shrubs have such an eye-popping fruit "presentation" as American beautyberry (*Callicarpa americana*), with its clusters of shiny magenta berries.

Native to the southeastern U.S. and a member of the verbena family, this species thrives throughout the state.

The species name is quite apt: Callicarpa means callos or "beauty" in Greek, and carpos means "fruit."

Other common names for this fast-growing species include French or American mulberry, sourbush (for the fruit's astringency), bunchberry and purple beauty-berry.

This plant has it all – wildlife friendliness, low maintenance, wind resistance and notable ornamental beauty.

More than 40 species of songbirds consume the fleshy fruit, which persists on the stems for months, a boon for migrating birds. Various small mammals and white-tailed deer also eat it.

Some sources state that the fruit is not toxic to humans. It is unpalatable but can be made into jelly.

It grows five to eight feet tall with an almost equal width, an open form and arching branches.

It is very suited to a mass planting or natural garden, where it requires no maintenance.



Tiny lavender-pink flowers appear in the leaf
axilsphotos by Gerri Reaves

Butterflies and bees are attracted to it, another reason to include it in a natural garden.

The shrub is deciduous in northern regions and evergreen in the far south. The opposite aromatic leaves are

three to six inches long and oval or elliptical with serrated edges and points at both ends. New leaves and the undersides of old ones are covered with star-shaped hairs.

Clusters of four-lobed flowers appear between leaf pairs on the four-sided woody stems. The lavender or pink





American beautyberry's fruit clusters are an outstanding ornamental feature. Numerous bird species consume the fruit.

flowers measure about a sixth of an inch long. They bloom year-round in South Florida, peaking in late spring to summer and followed by clusters of 40 to 50 purple or magenta berries that encircle the stems.

Each round berry is about an eighth of an inch across and contains two to four tiny seeds.

Give this shrub moist but welldrained soil and full sun for best fruiting. It will grow even in nutrientpoor soil but needs some organic content to do well.

It is drought tolerant but intolerant of salt. Propagate it with seeds or cutting, or transplant the self-sown seedlings. A white-fruited variety (var. *lacteal*) is also available.

The shrub has various practical uses, too. Native American tribes used the roots, leaves, and branches medicinally. Its terpenoid content (e.g. callicarpenal and intermedeol) compares to that of the well-known insect repellant DEET. Early twentieth-century farmers benefitted from this insect-repelling by rubbing crushed leaves on their bodies and by applying them beneath harnesses on horses and other animals.

Sources: Florida Gardener's Guide by Tom MacCubbin and Georgia B. Tasker; Florida, My Eden by Frederic B. Stresau; Florida Plants for Wildlife by Craig N. Huegel; Florida's Incredible Wild Edibles by Richard J. Deuerling and Peggy S. Lantz; A Gardener's Guide to Florida's Native Plants by Rufino Osorio; Native Florida Plants by Robert G. Haehle and Joan Brookwell; The Shrubs and Woody Vines of Florida by Gil Nelson; Wild Plants for Survival in South Florida by Julia F. Morton; www.edis.ifas.ufl. edu; www.floridata.com; www.fnps. org; www.plants.usda.gov; and www. regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.

Free Black Friday Beach Walk

submitted by Leah Biery

There's so much to be thankful for when you live near the beach, like manatees, sand dollars and sandy feet. On the day after your Thanksgiving festivities, join Sanibel Sea School for a family-friendly beach walk to enjoy the fresh ocean air and explore what has washed ashore. The nonprofit organization's executive director, marine biologist "Doc Bruce" Neill, will talk a bit about our island ecosystem and any interesting creatures encountered along the way, and will be happy to answer your questions.

Meet at Sanibel Sea School, 455 Periwinkle Way, at 8:45 a.m. on Friday, November 23. This event is free and all ages are welcome. Visit www. sanibelseaschool.org or call 472-8585 for more information.*





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-Hal Real, Founder of World Cafe Live



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16 | ISLAND SUN - NOVEMBER 9, 2018

shell Of The Week Tower Pyram



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Just like the Netted Pyram, Peristichia agria Dall, 1889, presented last week in this column, the

Tower Pyram, Peristichia toreta Dall, 1889, is a local gastropod of the hyperdiverse family Pyramidellidae. The Tower Pyram shell is slender, elongate, reaching 11 mm (about 0.4 inch) in length. The shell sculpture includes three spiral cords and single smooth, narrow spiral thread just above suture (the groove between two whorls); about 30 narrow axial ribs are present. As with the Netted Pyram, a reticulated pattern results from the intersections of spiral cords and axial ribs. The shell color is pure white. This species is more slender, has a relatively smaller aperture, and more delicate and regular sculpture than the Netted Pyram. Pyrams are parasitic snails, living on or in the bodies of other mollusks, worms, sea anemones and crustaceans. Learn more about this species and other local mollusks at www.shellmuseum. org/southwest-florida-shells and www. shellmuseum.org/blog.



The Tower Pyram, Peristichia toreta, from
SanibelSanibelphoto by José H. Leal

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Shell Club Monthly Meeting

The next monthly meeting of the Sanibel Captiva Shell Club, to be held on Saturday, November 17, will feature guest speaker Travis Mellett from the University of South Florida College of Marine Science in St. Petersburg, Florida. His presentation is entitled What is Biochemistry and How Can It Be Used to Understand Human Impacts on Shelled Organism.

The meeting takes place at the Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road, in Auditorium A at 2 p.m. The public is welcome to attend, and there will be refreshments and door prizes.

Museum Opens Pop-Up Store At Sanibel Outlets

The Bailey-Matthews National Shell Museum has opened a seasonal pop-up store at the Sanibel Outlets in Fort Myers, where shoppers can find the museum's premier collection of gifts just in time for the holidays.

Museum staff will help shoppers find an exquisite piece of jewelry from Congress Jewelers' Sealife by Congress collection, the perfect children's gifts and books, or fine home décor designed for



Travis Mellett

photo provided

Florida living.

November 25 will be Museum Store Sunday from 10 a.m. to 7 p.m. at the pop-up store. More than 700 museum stores representing all 50 states, 10 countries and three continents participate in Museum Store Sunday. During this post-Thanksgiving event, shoppers will receive a 25 percent discount storewide (fine_jewelry excluded).

The museum's pop-up store is open to the public November through April during regular outlet hours, located at 20350 Summerlin Road, between Swim Mart and Maidenform. For more information, contact Gretchen Falk at gfalk@ shellmuseum.org or 395-2233.[‡]







CHEF MELISSA AKIN Executive Chef, IL Cielo Host Pastry Chef James Beard Foundation 2017 Chef, Wild Dunes, Charleston Associates Degree, NECI 1998



PASTRY CHEF LEV DALKE Graduated French Pastry School, Kennedy King College, Chicago 2012 Levy Restaurants, Mizzou, MO Nourish Café & Market, MO



CHEF ED SURA Chef de Cuisine, Uchiko, Austin 2016 Semi-finalist James Beard Foundation Rising Star Chef Award Great Lake Culinary Institute 2009 NoMI, Chicago Perennial Virant, Chicago



CHEF PAT SHEERIN City Mouse, Ace Hotel Chicago Chef / Managing Partner Trencherman, Chicago Executive Chef, Signature Room, Chicago French Culinary Institute Degree, New York Bachelor of Arts Michigan State University



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CHEF PAUL VIRANT Vie (Western Springs, IL), Vistro, (Hinsdale, IL). 8 Time James Beard Foundation Nominee (Best Chef, Great Lakes, 2008 - 2016) Culinary Institute America, Hyde Park, New York Jean Banchet Award for Culinary Excellence

as Top Celebrity Chef 2007 Michelin Star holder at Vie 2011



CHEF ANDREW ZIMMERMAN

Sepia and Proxi Restaurants, Chicago 5 Time James Beard Foundation Best Chef Nominee French Culinary Institute Degree, New York (1st in Class)

Iron Chef American Winner, Battle Cream Cheese Michelin Star holder at Sepia since 2011



CHEF PAT SHEERIN

Passed Hors d'oeurves: Date Glazed Snake River Pork Belly, Chinese Banana Mustard, Cashews

1st Course:

Smoked Skuna Bay Salmon, Everything Spice, Red Onion Yogurt, Tito's and Tonic pickled Cucumbers, Buckwheat Nest Poema, Cava Brut Rosé, Conca de Barberá

CHEF ED SURA

Passed Hors d'oeurves: Cauliflower, Gruyere, Black Truffle Soy

2nd Course: Sweet Corn Custard, Edamame, Smoked Peanut, Chili, Shiso Gewürztraminer, Lucien Albrecht, Alsace, France, 2016

CHEF PAUL VIRANT

Passed Hors d'oeurves: Chicken Sausage Beignets, fermented Cherry Bomb Aioli

Pompano En Papillote, Spinach, Black Truffle, Celery Root Remoulade Macon Lugny, Louis Jadot, Maconnais and Beaujolis, France, 2016

CHEF MELISSA AKIN

Passed Hors d'oeurves: Roasted Corn Blini, Avocado Crème Fraiche, Local Caviar

4th Course: Duck Confit Ravioli, Smoked Duck Breast, Foie Gras Ganache, Coffee Sand, Pomegranate-Cranberry Syrup Pinot Noir, Firesteed, Willamette Valley, Oregon, 2015

CHEF ANDREW ZIMMERMAN

Passed Hors d'oeurves: Pork and Shrimp Shu Mai, Smoked Trout Roe, Sweet Soy

5th Course:

Creekstone Farms New York Strip, Wagyu Beef Cheek Pastrami Hash, Fondant Potatoes, Green Peppercorn Sauce Syrah, MontGras, Antu, Chile, 2016 Chene

PASTRY CHEF LEV DALKE

6th Course:

Biko Cake, Corn Whipped Panna Cotta, Sesame Nougatine, Puffed Rice, Kabuso Sauce Hakutsuru, Plum Wine













of Naples

Big Redfish In The Passes



by Capt. Matt Mitchell

A nother week of cooler mornings brought great fishing action and was enjoyed by everyone this week. Big redfish and snook kept clients smiling as the bite

at times could only be described as stupid. I don't ever remember such a long period of catching at least one slot-sized snook on just about every trip. Action on redfish has been either really big fish or small fish with really nothing in between. During calm winds or periods of east wind, the action out on the beaches has been nonstop with lots of Spanish mackerel, ladyfish and jacks keeping the rods bent. We still have tarpon and lots of sharks out on the beaches in the same places as the feeding mackerel; it's just a matter of getting a calm day.

Getting out gulfside and running crab pots for tripletail has been very productive too. Most of these tripletail are on the small side of the new 18-inch minimum, though if you put in your time, you will find some keepers. I have had a few reports of a few real monsters close to the magical 20-pound mark out a little deeper around the Belton Johnson Reef and Paces Place. With so many stone crab pots out, it's just a matter of running and looking until you see one sitting under a crab buoy. Live shrimp are hard to beat for bait and, depending on your skill level of casting, you can either free line the shrimp or put it under a float. A trolling motor is an amazing tool for this fishing as these fish, especially the larger ones, can be very spooky at times.

I'm still catching shiners though I have moved away from throwing nets on the causeway and the beaches and have gotten back to chumming them on shallow grass flats to get the medium-to larger-sized baits. It seems most of the bait on the bridges and beaches right now is on the smaller side. What this small bait lacks in size, it makes up for in sheer numbers as often it only takes one cast to have enough for the day's fishing. I've also been taking hand-picked shrimp as some days the better bite on redfish has come bouncing a live shrimp on a jighead.

While out with longtime returning clients from Indiana this week, we had one of the best days of fishing I have experienced in months. We lost count of the big redfish we landed all over 30 inches, along with lots of snook including two of them over 30 inches. We even managed three bonus unexpected keeper black drum up to 22 inches. Hand-picked shrimp rigged on a quarter ounce jighead fished in the passes during the last few hours of the falling tide proved to be the set-up for some of the craziest action I can remember in a long time. Double and even triple hook-ups on all over-the-slot-sized redfish came at times as quickly as you could get a bait in. But when returning later in the day during the low incoming tide, the bite was done.



Kurt from Indiana with a 38-inch redfish caught and released with Capt. Matt Mitchell this week photo provided

The big redfish of the week on my boat measured 38 inches though I had reports from other captains with redfish as big as 48 inches caught in all of our local passes during the outgoing tide.

Capt. Matt Mitchell has been

fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.**



crow case of The Week: Bobcat



by Bob Petcher

The bobcat (Lynx rufus) is named for its short, bobbed tail. The fur of the medium-sized cat can be marked with spots or stripes of brown or black

As one can tell

by its scientific name, the bobcat is closely associated with the lynx. In fact, the two cousins are oftentimes confused for each other. There are differences. A lynx has longer ear tufts than a bobcat, while the bobcat looks a bit more like an overgrown house cat than say a lynx does. A lynx also has larger feet and longer legs than a bobcat, while a bobcat has a more varied diet. Bobcat tails have banding, while lynx tails are completely black at the tip. While the bobcat is adaptable to its habitat, the lynx is more likely to live in the colder climates and traverse through deeper snow due its longer legs

At CROW, an adult female bobcat was admitted from Fort Myers after it was likely hit by a car. The rare patient – the clinic has received under three bobcat cases per year over the last five years, and only one other bobcat this year – was reported to have blood in its mouth and that its back legs were not working.

For the safety of the veterinary staff,

the bobcat was sedated prior to being examined. Once the patient was sedated, staff performed an exam and took radiographs. The radiographs revealed a fractured pelvis and some abnormalities in the patient's abdomen indicating a diaphragmatic hernia and free gas in the abdomen. This was confirmed using ultrasound

'The severe condition of the lungs was from the blunt trauma that was sustained from the car," said Dr. Kye Abbott, CROW veterinary intern. "The amount of bruising (contusions) in the lungs resulted in poor lung function. The diaphragmatic hernia meant there was a large tear in the diaphragm allowing the abdominal organs to enter into the chest and also compromise breathing. The only treatment for a diaphragmatic hernia as large as this one was to perform surgery. The pelvic trauma on its own may have required surgery and, with or without surgery, would require at least six to eight weeks of healing before the bone could be fully healed.

CROW's veterinary team prepared to take the bobcat to surgery immediately and placed an IV catheter and intubation tube. During preparations, however, the patient's heart rate slowed as the patient went into cardiac arrest. Despite a dose of atropine using the IV catheter, the team was unable to revive the bobcat and it passed away.

"Atropine is one of many drugs that is administered during CPR to address life-threatening abnormalities in cardiac function," said Dr. Abbott. "A drug alone cannot resuscitate a patient, but when used in conjunction with chest



Patient #18-4142 receiving treatment before succumbing to its many injuries photo by Brian Bohlman

compressions and manual respirations, there is a chance the patient can be resuscitated. Unfortunately, despite efforts to resuscitate the bobcat, the injuries were too severe for it to overcome, and the bobcat passed away." The bobcat would not have had even

The bobcat would not have had even a fighting chance of survival if not for the emergency response nature of a wildlife hospital.

"The emergency response for this case was essential in giving the bobcat a fighting chance," added Dr. Abbott. "The bobcat suffered severe injuries

from being hit by a car, which included a diaphragmatic hernia, lung contusions and a fractured pelvis. The emergency response allowed us time to assess the patient prior to intubating the patient under sedation and ventilating with oxygen. This was important as the bobcat was unable to properly breathe with how compromised the lungs were."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.**

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations are offered at 11 a.m. only. Wildlife Walk hospital tours are offered on Wednesdays, Thursdays and Fridays at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 9, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, November 9, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations



without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Sunday, November 11, 12:30 to 5 p.m., adults: \$7, age 12 and under no charge – CROW's 37th Taste of the Islands (fundraiser) at Sanibel Community Park.

Taste of the Islands features live music and showcases Sanibel and Captiva islands' vibrant and diverse restaurant community. Guests purchase CROW Bucks to get their "tastes" from participating restaurants. Item prices range from one to six CROW Bucks. Admissions and CROW Bucks are available for purchase at the event and in advance through CROW's website and can be picked up at the will call booth at Taste of the Islands. Returning this year, attendees can get a "taste" of CROW and meet the animal ambassadors in the The Community House.

Proceeds ensure CROW's continued success in providing the highest quality

care and treatment of injured, ill and orphaned wildlife through state-of-the-art veterinary care. Monday, November 12, 11 a.m.,

Monday, November 12, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

Week (daily presentation). CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, November 13, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present. **Wednesday, November 14, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rebabilitators and Staff (hospital tour)

Rehabilitators and Staff (hospital tour). Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

animal ambassador. Wednesday, November 14, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on our sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques.

Thursday, November 15, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, November 15, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.**





Welcome to of Sanibel The Neighborhood Place

Hello Shoppers of Sanibel,

Here at Jerry's Foods of Sanibel we carry the finest products on the island - our selection cannot be beat! Our friendly staff is hard at work, ready to help you with recommendations and completing your shopping trip in a relaxed and enjoyable environment.



We love getting involved in our community and actively participate in events and gatherings in our neighborhoods with loyal customers and travelers, alike!

When you stop in to see us, say hi to Caesar and Jerry Jr., a few of our resident exotic birds, relax with your friends while enjoying our famous Key Lime Pie, and stock up on the best grocery selection in the area.

Regards, Jerry's of Sanibel 1700 Periwinkle Way, Sanibel Island, FL 33957



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At Periwinkle & Casa Ybel



Zucchini Chocolate Cake 1 small zucchini, grated (do not squeeze out water content) 1 small squash, grated (do not squeeze out water content)

1 cup all-purpose unbleached flour ¹/₂ cup 100 percent unsweetened cocoa powder

1 teaspoon baking soda

- $\frac{1}{2}$ teaspoon sea salt
- $\frac{1}{4}$ cup unsalted butter, softened
- ³/₄ cup light brown sugar
- $\frac{1}{4}$ cup oil

2 eggs, room temperature

- 1 tablespoon pure vanilla extract
- 1 cup mini semi-sweet chocolate chips

Preheat oven to 350 degrees. In a large bowl sift together the flour, cocoa powder, baking soda, and salt. Next add softened butter, oil, eggs, brown sugar, vanilla and mix until blended (batter



Zucchini Chocolate Cake

will appear dry). Fold in ³/₄ cup of mini chocolate chips and the grated squash and zucchini until combined (do not overmix). Pour batter into buttered 9x9 loaf pan and sprinkle remaining chocolate chips on photo courtesy Fresh From Florida

top. Bake for 50 minutes, remove from oven and allow to cool slightly. Serve warm or room temperature.

Chef tip: this recipe can also be baked in muffin tins. 3

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Woody Brubaker plays on Sunday. Dusk returns on Wednesday. Barbara Dexter performs on Thursday.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.55



city of Sanibel Vegetation Committee Guided Native Landscape Tours

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants.

Tours begin at 10 a.m. and will be held on Wednesday, November 14; Wednesday, December 12; Wednesday, January 9; Saturday, January 26; Wednesday, February 13; Saturday, February 23; Wednesday, March 13; Saturday, March 23; Wednesday, April 10; and Saturday, April 27.

Participants will walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment, and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation. Registration is not required. Attendees



Zebra longwing butterfly

photo by Judie Zimomra meet at the main entrance to city hall, located at 800 Dunlop Road, in front of the main staircase. For more information, contact the city's natural resources department at 472-3700.

The Natural Resources Department section of the city's website, www. mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.**

New Coordinator For Ocean Tribe Paddlers

by Ocean Tribe Paddlers

School and Ocean Tribe Paddlers have added Kealy McNeal to the organization's

organization's team of marine science educators. Her title at Sanibel Sea School will be outdoor education coordinator, and she will also

OCEAN TRIBE

PADDLERS

lead the Ocean Tribe Paddling Club. McNeal grew up in Iowa and spent her childhood vacationing in Florida, where she fell in love with the ocean. She attended the University of Tampa to study environmental and marine science. After earning her degree, she worked for the Audubon Society, monitoring and protecting nesting shorebirds on beaches in Florida and Massachusetts, and educating beachgoers about them. An avid paddler, she considers environmental education to be one of her biggest passions in life.

"Southwest Florida has so many great



Kealy McNeal

photo provided

places to explore, and I can't wait to plan some exciting and educational paddling adventures for the club," McNeal said.

Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www. oceantribepaddlers.org or follow on Facebook to learn more.^{*}



The Community House Chestnuts



Culinary Education Center

by Resident Chef Jarred Harris

Christmas, roasted and served straight from the oven or fireplace. In Europe, Asia and Africa, chestnuts are often a substitute for potatoes in everyday dishes.

Chestnuts were one of the first foods eaten by man and date back to prehistoric times. They are the fruit of a tree that is related to the beech tree and grown around the world. The trees can live for 1,000 years and usually do not begin to produce fruit until they reach 40 years old.

There are nine varieties of chestnut tree, however, only four varieties produce edible chestnuts: the American variety, which is native to North America; the European variety, which is commonly called the marron; the Chinese or Asian variety; and the Japanese variety. The Chinese and Japanese began cultivating chestnuts before they began growing rice.

Chestnuts are an important food source in China, Japan and southern Europe, where the nuts are ground into a meal and used in bread and pastry making. Chestnut flour is gluten-free and is starting to appear more in mainstream recipes.

Chestnuts contain twice as much starch as potatoes and are very low in fat. They are high in fiber and contain exceptionally high amounts of vitamin C and selenium. The nuts also contain high amounts of vitamin B6, manganese and copper.

Here's an interesting recipe to try: Chestnut and Wild Mushroom

Tart Ingredi

- Ingredients For the crust: $\frac{1}{2}$ cup rice flour ¹/₄ cup chestnut flour 2 tbsp. corn starch $\frac{1}{2}$ tsp. sea salt $\frac{1}{2}$ tsp. ground black pepper 3 tbsp. coconut oil 5 tbsp. ice cold water For the mushroom filling: ¹/₄ cup coconut oil (for frying) 1 clove garlic (minced) 1 small shallot (minced) pound wild mushrooms (sliced) 2 sprigs fresh rosemary (chopped) 2 sprigs fresh thyme (chopped) 1/2 cup coconut milk (unsweetened) 2 eggs (beaten) $\frac{1}{2}$ tsp. ground nutmeg
- Sea salt and black pepper to taste

¹/₄ cup sun-dried tomatoes (in oil) ¹/₄ cup feta cheese (crumbled) Method

For the crust: Combine the first three ingredients in a bowl; season with salt and pepper, then add the coconut oil and water.

Using your hands, work dry ingredients until the dough forms into a ball. Wrap the dough in plastic and chill for 30 minutes.

(Dough may be made one day ahead. Wrap tightly with plastic and refrigerate.)

Preheat oven to 375°F. Press the dough evenly onto bottom and up sides of the tart pan. Prick the bottom with a fork to prevent the tart from rising, then set aside.

For the filling: Heat oil in a large skillet over medium heat. Add the garlic and shallot, cook until lightly browned; add mushrooms, thyme and rosemary. Cook until the mushrooms begin to brown, about five minutes. Whisk the coconut milk, eggs, nutmeg, salt and pepper in a small bowl. Place the mushrooms, sun-dried tomatoes and feta cheese over the tart shell. Pour the coconut and egg mixture over the tart. Place in the oven and bake for about 35 to 40 minutes.

Remove from the oven and cool for 15 minutes before you slice.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.\$\$

American Legion Post 123

In honor of Veterans' Day, the Sons of the American Legion will be serving a prime rib dinner to all veterans, free of charge, this Sunday,



November 11 from noon to 8 p.m. There will be a fish fry the following Sunday, November 18 from noon to 8 p.m.

The Ladies Auxiliary is taking orders for pumpkin pies for Thanksgiving. Orders must be placed by Friday, November16; pick up is Wednesday, November 21.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play. If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.*





Happy Hour at Sweet Melissa's Cafe!

MONDAY THRU FRIDAY, FROM 4-6 PM

DISCOUNTED BEER, WINE, COCKTAILS + FOOD

"End your day with a k.o.!"

LUNCH SERVED M-F 11:30 AM - 2:30 PM

1625 Periwinkle Way, Sanibel FL - 239.472.1956 sweetmelissascafe.com



Try your luck at Fish Bingo

Fish Bingo Night At Sea School

A s part of its series of adult programs, Sanibel Sea School will offer a Fish Bingo Night on Friday, November 16 from 4 to 6 p.m. Snacks, drinks and prizes will be offered.

"Whether you know your fish identification or not, this is a great opportunity to come out and get to know your neighbors," said Shannon Stainken, Sanibel Sea School director of education. photo provided

"And you never know, you might even learn a thing or two about our local species."

The cost to attend is \$20 per person. Walk-ins are welcome and, as always, scholarships are available upon request. This event is part of a series of classes on the theme of Fisheries Management.

Sanibel Sea School is also offering a series of educational boat trips for adults in November and December, and details are available at www.sanibelseaschool. org/sanibel-adult-programs or by calling 472-8585.*

Orchid Society Meetings Resume

Into the Slough, The Ghost Orchid at Home will be the topic at the Monday, November 19 meeting of the Sanibel Captiva Orchid Society. The program will be presented by Wendy Mazuk beginning at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way. This will be the first meeting of the season for the society.

Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during Show and Tell. Orchid society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Orchids are for sale at most meetings and there is an orchid raffle as well. Annual society membership is \$25 for an individuals or \$45 for couples. Guests are \$5. For more information, visit www.sancaporchid.org.

From page 1 Taste Of The Islands

will feature Blue Giraffe, The Bubble Room, The Clam Shack, Doc Ford's Rum Bar & Grille, Il Cielo, The Jac Island Bar & Grille, Matzaluna, Sandollar, Sanibel Deli & Coffee Factory, Sanibel Fish House, Shima Japanese Steakhouse, Thistle Lodge and The Timbers.

According to event organizers, participating restaurants will offer a mouth-watering array of menu items for \$6 in CROW Bucks or less while



Orchids begin to put on their show for the holiday season photo provided

competing for honors in a variety of categories. Attendees of the Taste cast ballots to decide the winner of the coveted People's Choice award.

Admission to Taste of the Islands, which can be purchased online or at the event, is \$7 for adults and free for children less than 12 years of age. This year's family-friendly event also features live entertainment by Private Stock Band. Inside The Community House, next door to Sanibel Community Park, guests can meet CROW's animal ambassadors and bid on silent auction items.**

BIGARTS SANIBEL ISLAND 2019 TALKING POINTS Schein Hall, 10:00 AM

Mornings at BIG ARTS offer a wide range of lively, 2-hour sessions by leading authorities. Audience members are encouraged not only to ask questions, but offer their point of view, experiences and knowledge. HEALTH

FEBRUARY 12: Kathy Black Professor of Aging Studies and Social Work, University of South Florida, Sarasota-Manatee, Florida

"Planning for Your Longevity"

TECHNOLOGY

FEBRUARY 19 Ian Sherr, West Coast Editor CNET.

"The Growing Influence of Social Media and its Impact"

EDUCATION

FEBRUARY 26

Gary Chesley (Moderator), Dr. Jim Llorens, FGCU Vice President for Academic Affairs and Greg Adkins, Superintendent Lee County Schools

"What's Right, What's Wrong, What's Next, and What You Must Know About America's Public School System"

ENVIRONMENT MARCH 5

Rachel Kangas, Public Archaeology Coordinator, SW Region, Florida Public Archaeology Network

"Our Heritage at Risk: Rising Sea Levels in SW Florida"

HISTORY

MARCH 12: Jim Rudin

Why the Civil War Never Ended"

PERSONAL JOURNEY

MARCH 19: Lynn Povich

Arlene Dillon moderates a discussion with author Lynn Povich.

"Good Girls Revolt."

From page 1 Coastal Keepers

and our coastal heritage. The group includes members "who cherish the ocean, appreciate the rich history of the region, and are determined to conserve oceans and estuaries for future generations.'

According to Sam Lucas, conservation coordinator for Coastal Keepers, the evening will include beer, wine and cocktails, a sustainable buffet dinner prepared by Sanibel Catering Company by Bailey's, live and silent auctions, a 50/50raffle, music with dancing, Coastal Keepers swag bags plus a few surprises - all in support of local conservation initiatives. Suggested attire is "Island casual." "We've always had our fundraiser in

the fall, but when Hurricane Irma came last year, we had to postpone it until the spring," said Lucas, who noted that START's annual benefit used to be known as CrackerFest. "Back in March, we held our first fundraiser as Coastal Keepers, and we had a really great response. People are very receptive to our mission and to learn what they can do to help the environment.'

Since it was established, Coastal Keepers has successfully promoted the Bring Your Own Bag (BYOB) campaign, distributing more than 15,000 reusable canvas bags. Another initiative, Strawless On Sanibel (SOS), eventually led to the City of Sanibel creating legislation banning single use plastic straws on the island. The group has also promoted monofilament fishing line recycling, partners with local restaurants for the Seafood Savvy program and created an Internet-based learning



Sam Lucas of Coastal Keepers with an invitation to The Launch and a BYOB reusable canvas bag photo by Jeff Lysiak

portal, Coastal Classroom.

Guests at The Launch will have a chance to own a piece of the islands' history during the live auction. Throughout the evening, artwork will be on display featuring famed photographer Charlie McCullough. McCullough beautifully captured historic images of Sanibel and Captiva through his camera's lens. His black-and-white photography transports viewers back in time and into the lives of those who resided here.

Among the other silent auction items: a Captiva Cruises trip for two to Cabbage Key, gift baskets from MANG and MacIntosh Books & Paper, a standup paddleboard excursion from Sanibel Sea

School, canvas prints of photographer Ada Shissler's work and a Pine Island Sound excursion from Castabout Charters.

Sponsors include Sanibel Captiva Community Bank, The Sanibel Captiva Trust Company, Doc Ford's Rum Bar & Grille, Dan Hahn Custom Builders, Tim Smith Brick Pavers and Sam Galloway Ford Lincoln.

Lucas also stated that during The Launch, Coastal Keepers will be



Sean MacLaughlin

Broadway Pops Concert

Jennifer Hope Wills

hell Point Retirement Community will kick off the performing arts program of its 2018-19 Fine and Performing Arts Series with The Golden Years of Broadway at The Village Church auditorium on The Island at Shell Point on Thursday, November 15 at 7 p.m.

Join Broadway Pops veterans Jennifer Hope Wills, Sean MacLaughlin and Rob Gallagher, with New York City-based orchestrator and arranger Ryan Shirar, as they bring The Golden Years of Broadway announcing some new conservation initiatives. "We will suggest things that just one person can do to help protect the environment," she added. "And we want to celebrate everything we've accomplished so far.'

Tickets to The Launch are \$100 per person, including dinner and drinks. For more information and reservations, call 472-8585 or visit www. sancapcoastalkeepers.org/the-launch.☆





Rob Gallagher

Ryan Shirar

to life. The musical group will include hit songs that set the standards for American musical theater, including Oklahoma! South Pacific, The King & I and The Sound of Music.

Tickets are \$40 and can be purchased online at www.shellpoint.org/concerts or by phone at 454-2067.

Throughout the performance, Broadway Pops will captivate audiences with their entertaining and innovative production and more than 10 hit classics from the 1940s and 1950s era.

The Island at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers.☆



www.CROWClinic.org (239) 472-3644

Jeweler Hosting Trunk Show This Friday

Doron Hakimian, president and chief designer of Doves, will make a return visit to Lily & Co. Jewelers with a trunk show on Friday, November 9. Hakimian will then take part in the Raising Rackets for Water Quality charity tennis event on Saturday, November 10 at Beachview Tennis Club.

"We couldn't be more excited to welcome back Doron to our wonderful island," said Dan Schuyler, who co-owns Lily & Co. with Karen Bell. "It is a real treat to have him join us in our tennis event, too."

Schuyler, an avid tennis player, met Hakimian at the 2015 U.S. Open with legendary tennis coach Nick Bollettieri, who is partnering in the charity tennis event. Players will receive instruction by Bollettieri and his IMG Academy pros, as well as have the chance to win one of several raffle prizes from Lily & Co., Sanibel Catering Company by Bailey's, Beachview Tennis Club and IMG Academy. Proceeds will benefit clean water efforts through the Sanibel-Captiva Conservation Foundation (SCCF).

"I couldn't be more thrilled to once again visit Lily & Company," said Hakimian. "From the first time I met Dan and Nick, I knew they had big hearts. This special tennis event really represents a small portion of what they do for their community. I am just delighted to be a part of it."

The one-day-only Doves trunk show will feature artistically designed pieces inspired by nature.

"Doron combines 18-karat gold, diamonds and precious gemstones to create unique treasures," said Schuyler. "His attention to detail produces a



The trunk show will feature pieces inspired by nature photo provided

dramatic creation, yet it's his unrelenting pursuit of perfection that sets his designs apart."

Hakimian has always been a jewelry enthusiast. He grew up in a family of precious gem stone manufacturers, but chose to pursue his other passion, architecture. Hakimian received his architecture degree and garnered several awards in the field, including the prestigious American Institute of Architects design award.

In the past several years, Doves trendsetting designs have even received celebrity attention – designing exclusive pieces for former First Lady Michelle Obama, Jennifer Lopez, Catherine Zeta-Jones and others. Doves has become synonymous with eye-catching and wearable heirloomquality jewelry. The Doves Trunk Show will be held

The Doves Trunk Show will be held from 10 a.m. to 5 p.m. on November 9 at Lily & Co. Jewelers, located at 520 Tarpon Bay Road on Sanibel.

FISH To Provide Thanksgiving Baskets

For most, Thanksgiving is a time of plenty. But for those with food insecurity who worry about having enough food for their families, the holiday can be stressful. The annual FISH of SanCap Holiday Basket Program helps to make the holidays a bit more joyous for neighbors needing a hand up.

neighbors needing a hand up. Thanks to FISH donors, community partners and volunteers, baskets of canned food, stuffing, rolls, fresh and canned vegetables, pies and a gift card to purchase a turkey will be assembled and distributed just in time for the holiday. Recipients will be selected by the FISH of Social Services Department and are generally known to FISH through participation in other programs.

This year, FISH anticipates distributing up to 100 holiday baskets to island neighbors. Basket distribution will take place from 9 a.m. to 3 p.m. on November 19 and 20, and from 9 a.m. to noon on November 21. If you know a family is in need of a holiday basket, contact Maria Espinoza at the FISH Walk-In Center at 472-4775. "Last year, it was Hurricane Irma that set us back. This year, it's red tide that caused loss of work for my family and for many friends and colleagues. We still aren't back up to 'usual' hours, and no one knows when things will go back to normal. I'm stressed enough these days, and now the holidays are upon us," said Carmen, an island worker. "All I want is to provide for my family and make sure my kids can celebrate the holidays without so much worry. It's hard to admit we need help, but we do. We will definitely be giving thanks to FISH this year as we gather for our holiday dinner."

Carmen's is one of many households who will cook a Thanksgiving meal this holiday thanks to FISH. While shelters and churches around the region serve hot meals, the FISH Thanksgiving Basket allows families to celebrate in their own homes. Some basket food items are donated, while others are purchased with funds designated to the program.

Fresh pies, baked and donated by the St. Michael & All Angels Episcopal Church Women, will be added to the baskets again this year. The group has always supported this program by adding a homemade touch toward its success. Recipients rave about the pies and cannot believe the generous amount of time and energy that goes into making their basket extra special.



Join us Thursday, November 22 for an innovative Thanksgiving Buffet and live entertainment overlooking the Gulf at Sundial Beach Resort & Spa.

SEATINGS AT 1PM, 3PM, 5PM, 7PM

ADULTS \$55 · CHILDREN 3–12 \$27 · CHILDREN 3 & UNDER FREE

Plus tax and gratuity

BUFFET HIGHLIGHTS:

Butternut Squash Soup with Candied Pumpkin Seeds Gourmet Salad Bar Antipasto Display Iced Shellfish & Sushi Chef-Attended Risotto Station Thanksgiving Turkey Clover Honey Glazed Ham Rosemary Crusted Rib Eye Roasted Duck Breast Festive Sides Dessert Display

9

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For Thanksgiving, Christmas, and New Year's Eve menus and information, visit sundialresort.com/holidaydining. For reservations, call 239.989.1160



BEACH RESORT & SP

1451 MIDDLE GULF DRIVE, SANIBEL ISLAND

Book Review The Forbidden Door



by Di Saggau

he Forbidden Door is Dean Koontz's fourth novel featuring rogue FBI agent Jane Hawk. Fans will remember Hawk's background. She was one of the FBI's top agents until she became the nation's

most-wanted fugitive, a happily married woman before becoming a devastated widow. She has discovered an occult nanotech program being implemented by some of the nation's highest leaders. This program turns many people into soulless automatons who are forced to commit suicide, as happened with Hawk's husband. The program puts wealth and power into a very few, select hands. Hawk is on a mission to uncover and destroy the operation while protecting her young son Travis, who has been targeted by the program's operators. The media has named her "the beautiful monster" and too many people believe them.

Jane's enemies hit back hard. If their best operatives can't outrun her, they mean to bring her to them, using her 5-year-old son. Jane knows there's no underestimating their capabilities, but she must battle her way back across the

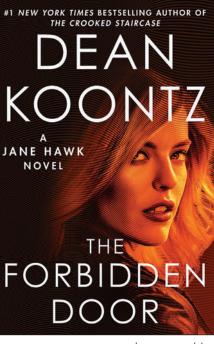


image provided

boy is safely hidden, for now. One of Koontz's characters is an anxiety-prone latter-day Puritan, while another is an intellectually and physically domineering hulk. The modern Puritan moves nervously from scene to scene, constantly seeking perfection and never finding it, criticizing others to boost his own ego. He compares Hawk to Joan of Arc, but she rejects any likeness to the Maid of Orleans with absolute vehemence.

country to the remote shelter where her

Some of the best scenes in the book involve a plucky 12-year-old girl named



Located on Casa Ybel and Periwinkle Way

Laurie, who is in the clutches of a sadistic, brain-altered female FBI agent. And then there is young Travis, whose emergency Plan B has him and his dogs staying with a kindly, autistic recluse who made millions developing apps. There is nearly always a dog involved in Koontz' stories. The Forbidden Door features two gallant German Shepherds, faithful guardians of Travis. He obviously loves dogs because his dog Elsa, a Golden Retreiver, gets equal

School Smart

by Shelley M. Greggs, NCSP

ear Shelley,

I read your article on the gifted a couple of weeks ago and was wondering how parents today know if their child is "gifted" and at what age are they tested? I looked into it for

my son when he was in fourth grade, and the school was offering special science classes that he wanted to take. This was a while ago and in a northeastern state. I was required to take him to a private psychologist, and she administered a two- to three-hour test which was quite expensive. My son's scores were high and he got into the "talented and gifted" program, but I never would have known he was eligible. What are your thoughts? Thank you. Jerry L, Sanibel

Dear Jerry, The federal government does not provide guidance or have requirements for gifted services, thus students encounter a range of services from state to state and even district to district. Gifted education varies widely across the United States. Although Federal law acknowledges that children with gifts and talents have unique needs that are not traditionally offered in regular school settings, it offers no specific provisions, mandates, or requirements for

space in his newsletters. It's a nice touch. As Jane moves resolutely forward,

new threats begin to emerge: a growing number of brain-altered victims driven hopelessly, violently insane. With the madness spreading like a virus, the war between Jane and her enemies will become a fight for all their lives, against the lethal terror unleashed from behind the forbidden door.芬

serving these children. Currently, gifted education is a purely local responsibility and is dependent on local leadership.

According to the Office of Civil Rights within the U.S. Department of Education, in 2011-12, there were approximately 3.2 million students in public schools in gifted and talented programs. Participation varies widely by state and by demographic subgroup. More needs to be done to ensure quality and equity in access to services. Unfortunately, leaving gifted education up to chance increases variability in the quality of services and creates inequities of access for students in poverty, from racial and ethnic minority groups, English learners, and those with disabilities.

In Florida, the Department of Education mandates the identification of, services for and defines a gifted student as one who has superior intellectual development and is capable of high performance, including those with demonstrated achievement and/or potential ability. The state provides some funding to serve these students but not all that is necessary.

According to the Lee County Schools website, "To be eligible for gifted program services, a student must demonstrate a need for a program, a majority of characteristics of gifted students according to a standard scale or checklist, and superior intellectual development as measured by an intelligence quotient of two standard deviations or more above the mean on an individually administered standardized test of intelligence. A gifted student may also be a member of an under-represented group and meet the criteria specified in the approved school district plan for increasing participation contiuned on page 31

CAPTIVA CRUISES Cabbage Key ★ Useppa Island ★ Cayo Costa State Park Beach & Shelling *Boca Grande * Dolphin Adventures Pine Island * Gulf of Mexico Sunsets * Private Charters 239-472-5300 Call or Book Online - Reservations Required CaptivaCruises.com

Malia Joins Wines In The Wild Tasting Partners

The Sanibel-Captiva Conservation Foundation (SCCF) announced that Malia will be joining the Food Tasting Partners for Wines in the Wild on Friday, November 9 from 6:30 to 9 p.m. "Starting this season, Malia will be

"Starting this season, Malia will be serving island fusion cuisine at 1100 Par View," said SCCF's CEO Erick Lindblad. "They have a wildly successor restaurant of the same name in Michigan, and are a much anticipated new dining spot on Sanibel. We are so honored that, for the first time, Malia will be among the Food Tacting Partners at this upage gunt."

Tasting Partners at this year's event." Wines in the Wild guests will stroll among six stations on the Bailey Homestead Preserve grounds. Each will feature a dish from one of Sanibel's finest kitchens.

In addition to Malia, the 2018 Food Tasting Partners will be Catering by Leslie Adams, Il Cielo, Sweet Melissa's Café, Cip's Place and Sanibel Catering Company by Bailey's. The foods will be paired at each station with specially selected complementary wines. It will be a great opportunity to explore the



From left, Malia owner-chef Jeff Samson with event co-chairs Linda and Tom Uhler

grounds and unique features of the homestead while sampling wines donated by Il Cielo and Bailey's General Store, returning Wine Tasting Partner. The evening will end with a dessert surprise in the Homestead Pavilion, music from the Danny Morgan Trio and a live auction of special experiences. There will also be valet parking sponsored by Doc Ford's Rum Bar & Grille, and a thank photo provided you favor underwritten by Island Taxi.

"The auction has some great food and wine-related adventures," added Lindblad. "Those unable to attend are welcome to place bids in advance of the event."

Reservations for Wines in the Wild have sold out, but names can be placed on the waiting list. Call Wines in the Wild founding co-chair Linda Uhler at 472-3817.³

Islanders Offering Help To Feed Hurricane Victims

Under the auspices of the Sanibel-Captiva Rotary and Sanibel Congregational United Church of Christ (SCUCC), the island community is pitching in to help those who need assistance after recent hurricanes. The club and church have met their goals for volunteers who will gather on Saturday, November 10 to pack 25,000 meals to be distributed through the national Meals of Hope organization.

Monetary donations to Meals of Hope are welcome. Make checks payable to Meals of Hope and mail to SCUCC, 2050 Periwinkle Way, Sanibel, FL 33957.

"It is vital that people of goodwill work together to help meet the needs of so many. Certainly, food is one of those basic needs," said the Rev. Dr. John H. Danner, senior pastor of SCUCC and president of the Rotary club.

Meals of Hope designed five meals that provide balanced nutrition. Most of the packed meals are distributed through the Feeding America Food Bank Network.

Children's Programs At The Library

A s Sanibel Public Library continues the next phase of its remodel project, parts of the library are being renovated as the facility is open for normal operating hours.

Learn about MakeyMakey, and build a circuit that turns fruit into musical instruments. For age 8 and older, the program runs from 3 to 4 p.m. on Tuesday, November 13.

Witness the sinking of *RMS Titanic* in VR (Virtual Reality) on Thursday, November 15. Users will leave

Preschoolers making paper alligators at the Sanibel Public Library photo provided

with a greater understanding of the tragedy that unfolded in 1912. Registration is required due to experience length (10 to 20 minutes). Call the 472-2483 to set up a viewing time between 10 a.m. and noon.

On Monday, November 19 and Tuesday, November 20, explore your creative side from 1 to 4 p.m. with ROK Blocks. Young builders can create 3D construction models with the blocks. No registration is required.

Weekly youth events run through November 15 and resume on November 27: Geared specifically for children in fourth through sixth grade, the After-School

Clique meets on Tuesdays at 3 p.m. The group will be crafting, building and playing with books and a snack.

Family Storytime for preschoolers and their caregivers is held on Wednesdays and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew, for children in kindergarten to third grades, meets at 3 p.m. on Thursdays. Books, crafts plus snack will be provided.

If you love dogs and books, you can read to Bessie, a bearded collie and reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, children can sign up on-the-spot. The program finishes by 5 p.m.

Weekly children's programs are listed on the library's online calendar. No registration is required for children's weekly programs.

For more information, call 472-2483 or visit www.sanlib.org.



Contemporary American Cuisine



CA Dynamic Culinary Experience IN A CASUAL, ELEGANT SETTING

Enjoy a one-of-a-kind Sanibel dining experience featuring Art Deco inspired indoor dining, live piano music nightly and unparalleled service by an approachable team. All meals are prepared daily with sustainable, fresh from Florida fish, produce, grass-finished beef, lamb and free-range chicken.

Il Cielo provides the most creative and comprehensive Farm to Fork experience on Sanibel Island.

Tuesday – Sunday, 4:30 to 9pm | Happy Hour Menu, 4:30 to 6pm | Scott McDonald on Piano Tuesday – Sunday, 6pm Serving Sunday Brunch Beginning December 11th, 11am to 2pm (Excluding Holidays)

CAward Winning Dining Voted Best Fine Dining Four Years in a Row! Voted Best Seafood and Taste of the Taste



1244 Periwinkle Way | Sanibel Island, Florida 33957 | (239) 472-5555 ILCIELOSANIBEL.COM BIG ARTS Monday Night Film Series

The King's Choice

by Di Saggau

he BIG ARTS Monday Night



Movie for November 12 is The King's Choice, a film from Denmark set in 1940 when the forces of Nazi Germany overran and dominated previously neutral Norway. The film is a frankly admiring portrait of a monarch. The choice the king makes regarding the Nazi invasion inspires a drama that is proudly and unequivocally patriotic.

The film provides a brief history lesson and then flashes forward 35 years to see King Haakon VII facing challenges from domestic and foreign sources. Socialists would like to dispense with the monarchy, but the Germans pose a far more serious threat. Much of Norway's leadership wants to fight the invasion but the German war machine is too powerful to be resisted.

Hitler's envoy wants to arrange negotiations in order to transition Norway to German control with minimal bloodshed. Hitler wants to get the king's agreement which sends the envoy in pursuit of Haakon who has to make a choice. The film is well



image provided

acted and gripping throughout. *The King's Choice* runs 133 minutes. The moderator for the evening is Alan Ruben.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.**

Our email address is press@islandsunnews.com

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to Islandsunpoetry@ gmail.com. Each week, an individual poem will be showcased.

all the poets i loved by Hannah Star Rogers

the snow as it erased and

the golden horses as they jingled

BIG ARTS Corner Workshops And Seminars

Big ARTS is offering the following workshops and seminars: Understanding and Drawing Drapery with Francesco Gillia – Tuesday, November 13, 9:30 a.m. to 3 p.m.

What Do I Do With All These Photos? Learning to Manage Your Images and Gain Peace of Mind with David Batley – Wednesday, November 14, 10 a.m. to 12:30 p.m. insistent night of belles in the Charleston

garden, the wet cow udders of a mixture

of the bodied birds and the holy baudy,

and even a ladder for children

which was a ladder to me all gone.

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the Kenyon Review, LA Review of Books, Carolina Quarterly and Southern Women's Review.*

Glass Fusing with Petra Kaiser – Wednesday, November 28 through December 19, 9:30 a.m. to 12:30 p.m. Glass Fusing with Petra Kaiser

– Thursdays, November 29 through December 20, 9:30 a.m. to 12:30 p.m.

Paint with Friends (open studio) with Jane Hudson – Wednesdays, 1 to 4 p.m.

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Lynn Quigley and Anita Force Marshall

November Art Exhibit At The Community House

🖰 anibel Captiva Art League members Anita Force Marshall and Lynn Quigley are exhibiting their artwork during the month of

photos provided November at The Community House, located at 2173 Periwinkle Way. The public is invited to view and purchase their paintings Monday through Friday from 9 a.m. to 3 p.m. For more information about the art league, weekly plein air outings and other activities, visit www.sancapart. com.쏴



Daises by Lynn Quigley

From page 28 School Smart

of under-represented groups in gifted programs.

The needs of the gifted are unique to the individual. Gifted students have strengths and weaknesses just as other students. A program that provides for their needs is important in helping students develop their abilities. To help meet these needs, Lee County offers a menu of services for the gifted. Students are eligible for gifted services from kindergarten through grade 12. All Lee County schools



Sanibel Lighthouse by Anita Force Marshall

offer services for gifted students". For more information on gifted children, visit the website of the National Association of Gifted Children at www. ngac.org.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.



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BUSINESS

VOL. 26, NO. 19

REAL ESTATE SANIBEL & CAPTIVA ISLANDS, FLORIDA

SCCF Director Of Education Retires After 30 Years

by Jeff Lysiak

It seemed rather appropriate that upon the anniversary of the birth of the Sanibel-Captiva Conservation Foundation (SCCF) that more than 200 well-wishers would gather on the SCCF Nature Center porch to bid adieu to Kristie Anders, the foundation's longtime director of education.

Anders, who joined the foundation in 1988, was the guest of honor last Wednesday afternoon, when her fellow staff members, colleagues, volunteers and friends came together to wish her a happy retirement.

"I don't know if any of you recognize the significance of today's date – October 31st," said Erick Lindblad, SCCF's chief executive officer, who recently announced his retirement effective at the end of the year. "Today is the 51st anniversary of the foundation, which seems a very appropri-



Kristie and Red Anders

ate date to celebrate Kristie and her work here."

In SCCF's October newsletter, Anders' retirement was officially announced.

photo by Jeff Lysiak "I have made a decision that I do not take lightly. For my well-being, I must withdraw from doing the work I love," Anders wrote. "I want to continue to contribute to islanders' understanding of the majestic nature of our islands and will volunteer my time as I can. It is a privilege to work at SCCF. Thank you all for the support you lend SCCF. I cherish the three alorious decades I have spent here."

CLASSIFIEDS

NOVEMBER 9, 2018

glorious decades I have spent here." According to SCCF, Anders – considered "the heart and soul of the organization" – taught literally thousands of residents and visitors about our good nature and history. During her tenure, she forged strategic partnerships with Captiva Cruises, island realtors, the Captiva Island Historical Society (CIHS) and many other organizations, multiplying exponentially her educational outreach. One of Anders' final initiatives was the creation of the Paul McCarthy Memorial Lecture Series, honoring the late founder of Captiva Cruises.

The foundation informally dubbed Anders "our storyteller extraordinaire."

At the October 31 celebration, which included lunch, refreshments and live music, Anders was showered with gifts of appreciation and lauded with praise by several invited guests, including Susan Andrews of the Sanibel & Captiva Islands Association of Realtors, Jimmy Jensen of continued on page 2B

Retrospective Pays Tribute To Abstract Painter

by Jeff Lysiak

When Hollis Jeffcoat, the accomplished abstract expressionist painter who passed away on April 28, was asked about what kind of celebration of life her family, friends and admirers should plan, the artist was quick to suggest a retrospective gallery exhibit.

"My paintings are my celebration of life," Jeffcoat had told longtime friend and partner Maureen Watson, who is curating the retrospective of her paintings, drawings and prints at Sanibel's Watson MacRae Gallery next week that will celebrate Jeffcoat's colorful life and career accomplishments.

The opening reception for Hollis Jeffcoat: My Life in Paint takes place from 5 to 7 p.m. on Thursday, November 15 at Watson MacRae Gallery, located at The Village Shops, 2340 Periwinkle Way, Suite B3 on Sanibel. Free and open to the public, the gathering will include wine, hors d'oeuvres and refreshments.

According to Watson, the exhibit will feature works by Jeffcoat spanning her entire career as an artist, from the first



The late artist Hollis Jeffcoat, painting in her home studio photos provided

painting she created in France in 1976 to the final painting she completed while living on Sanibel in 2017. "I'm going to fill the gallery with her artwork," said Watson, who stated that the exhibition will include "between 30 and 40" Jeffcoat creations,



Jeffcoat's first painting as a professional artist, La Seine 1976, painted in Paris, France

including one unfinished work.

"She knew she was going to be an artist by the time she was 5 years old, when she didn't even know what an artist really was," added Watson, who noted that Jeffcoat had told her that when she was a kindergartner, she remembered telling her teacher, "I don't like to color inside the lines."

A native of Fort Myers, Jeffcoat attended the New York Studio School between 1973 and 1976. There, she studied with some prolific painters and instructors, including Philip Guston, Andrew Forge, Meyer Shapiro, Jack Tworkov and George McNeil. Following graduation, she was offered a position with the school's affiliate program in France, where she met abstract expressionist Joan Mitchell.

"(Joan) was so interested in what Hollis had to say," said Watson, who explained that Jeffcoat apprenticed with Mitchell for three years. "She was very generous, gave her paints and paper and a studio to work in."

During her tenure in France, Jeffcoat earned the respect and admiration of a number of older and well-established artists, who noted her "diligence and talent continued on page 11B



(From top left) Steve Brown, Founder and Chairman - Al Hanser, Cheryl Giattini, CEO - Terry Igo. (Bottom left) George Heisler, Ginny Fleming, Hank Humphrey, Jim Pigott, Virginia Stringer, Chuck Ketteman.

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From left, SCCF Executive Director Erick Lindblad introducing Kristie and Red Anders photos by Jeff Lysiak

From page 1B SCCF Director

Jensen's Marina, Jim Pigott of CIHS and others. One group took the occasion to dedicate a song to Anders, sung to the tune of *My Favorite Things*.

"She's a treasure, not only in terms of the environment and natural resources but as a teacher, a mentor and an overall very knowledgeable person," said Tom Libonate, CIHS board president.

"I'll be pestering Kristie quite a bit," added Audrey Albrecht, SCCF's shorebird program coordinator, who noted that she will miss chatting with Anders at her desk. "She's taught me so much."

As a volunteer, Anders will oversee the first lecture in the Paul McCarthy Memorial Lecture Series on February 6, 2019.¢



From left, Audrey Albrecht, John Morse, Jerry Edelman and Carol Strange



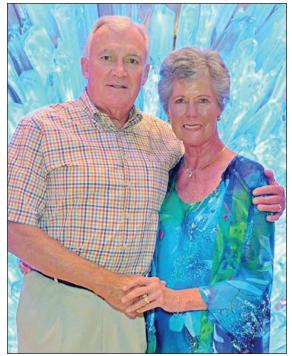
Jimmy Jensen and John Stey performing On The Road Again

Open House At FISH Of SanCap

NSH of SanCap invites the community to its annual open house on Monday, November 12 from 4 to 6 p.m. at the FISH Walk-In Center, located at 2430 Periwinkle Way.

Sponsored by Inky and Jack Meng, the open house will showcase the work of FISH, whose mission is to lend a helping hand to those who live, work or visit here, while enriching the lives of everyone on Sanibel and Captiva islands through an array of food programs, island based workshops and social services.

"We want the community to discover how FISH positively impacts our community and assists our neighbors. Feel free to invite friends and neighbors to learn how we all are making a



Sponsors Jack and Inky Meng photo provided

difference in our community," said Maggi Feiner, FISH president and CEO. Light hors d'oeuvres with wine pairing, provided by Sanibel Catering Company by Bailey's, will be offered. Handicap parking is offered on site; additional parking will be available at Bailey's General Store.

"We are so proud of the programs and services we are able to offer to our residents, workers and visitors," said Nicole McHale, FISH board chair. "Please join us for our open house, where FISH board members will be available to give you a tour of our agency. You will also have an opportunity to meet FISH staff and volunteers who are the real heroes of our organization."

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For more information, contact Maggi Feiner at 472-4775 or visit www. fishofsancap.org.☆

Special Offers For Zonta's Peek At The Unique

submitted by Sue Denham

s announced in September, Zonta is introducing two new ways to secure tickets for its upcoming A Peek at the Unique tour of island homes, so get ready: both begin this month

Set for Saturday, March 16, 2019, the "Peek" is the signature fundraiser for the Zonta Club of Sanibel-Captiva and the Zonta Foundation of Southwest Florida. All proceeds are awarded in grants to organizations that help empower women and girls.

This innovation is a great way to gather neighbors, relatives, business associates, tennis or golf buddies, clubs, special interest groups, or groups of any kind to enjoy A Peek at the Unique together, without service fees or extra charges," said event chair Susan Tucker. "Plus, you won't be disappointed, since the Peek traditionally sells out.'

First up, the Buy a Bus program: During a limited time, November 1 to 30, a group can buy all the seats on a Peek bus prior to the time the tickets go on sale online by assembling a group of 24, 27 or 39 friends (bus sizes vary), and paying for the seats in full (\$100 per person) by November 30. No service fees or extra charges of any kind.

Each member of Buy a Bus groups receives a free Chance at the Unique



Zonta President Barbara Beran and 2019 Peek at the Unique Chair Susan Tucker photo provided

raffle ticket (value \$10).

Alternatively, there's Buy a Block: From November 15 to 30, a smaller group may purchase a block of at least six seats on a Peek bus prior to the time tickets go on sale online, by assembling a group of six or more, and paying for the block in full (\$100 per person) by November 30. Again, no service fees or extra charges of any kind.

Please note that organizers cannot guarantee that all bus times will be continued on page 8B

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Highlights From Halloween Drag Queen Contest To Benefit CHR



Craig Albert walking the red carpet as "Jenni Craig" in the Drag Queen Contest, part of the Community Housing & Resources (CHR) fundraiser on October 31, hosted by Lily & Co. Jewelers and co-sponsored by Sanibel Catering Company by Bailey's photos provided



Drag Queen contestant Whitney Jones



Dan Schuyler as "Diamond Daniella" in the Drag Queen Contest



Joey Almeida as "Josephine Adalade the French Maid" in the Drag Queen Contest



Richard Johnson as "Rainbow Rikki" took second place in the Drag Queen Contest



Betsy Ventura with Eric Pfeifer, aka "Erica Von Ginger-Hot," who earned third place in the Drag Queen Contest



Doug Babcock takes the stage as "BenDeLaCreme" in the Drag Queen Contest



Jeramie Campana debuts as "Sin Dee Rider" in the Drag Queen Contest



From left, emcee Nichole McHale, Dan "Diamond Daniella" Schuyler, Sharon Schuyler and CHR Executive Director Melissa Rice celebrating "Daniella's" victory in raising the most money during the Drag Queen Contest. The event brought in \$15,000 for CHR.



The Marty Stokes Band entertained the crowd



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Bay-Front Condo With Boat-Like Views of Nature & Marine Life Mariner Pointe #1061

1st floor remodeled 2 bedroom. Open great room has new ceramic floors. Expanded kitchen with corner laundry, built-in-desk, & island. Both baths beautifully remodeled. Guest room has custom built-ins making it flexible as bedroom or den/ office. Impact glass, in-duct air purifier system, many other bells & whistles too. \$499,900



Wide Parcel Backing to Preserved Land Offers Flexibility in What May Be Built 9441 Peaceful Drive

Along back circle of Gumbo Limbo subdivision, handy to Sanibel causeway, shopping, bike path, & both bay/gulf beaches. Private yet convenient. With ~170' of frontage & almost 1/2 acre in total size, it could accommodate a variety of different home designs with amenities. Backyard faces west to sunsets! \$249,000

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1	Homes	157	1,381,182	35	3,500,086
I	Lots	56	629,531	3	4,264,667

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This community of mostly year-'round residents & snowbirds has a monthly rental minimum. Formerly an annual rental, #B2 has remodeled bath with walk-in shower, galley kitchen, impact glass, & recently-replaced HVAC (2017). Amenities include carports, laundry, & docks on



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Rotary Happenings

submitted by Shirley Jewell

t a recent Sanibel-Captiva Rotary Club meeting, the somber topic of school safety and security was brought to light. It is a tragic reality



that school children, teachers and staff are keenly aware that in today's world schools are not the safe havens they once were. School children are now receiving instructions on what to do in emergency situations when someone is breaching school grounds or when there are internal safety threats.

Rotary invited Richard Parfitt, director of safety and security for Lee County Schools, to give us an overview of what his department is implementing within the district according to mandates outlined from the Marjory Stoneman Douglas High School Public Safety Commission within the Florida Department of Law Enforcement, established during the 2018 legislative session. Douglas High School in Parkland, Florida is the school where 17 students and teachers were killed, and 14 others critically wounded in February 2018.

At the time of the Parkland shooting, Lee County had a vacancy in the security director's position and realized the importance of getting that position filled. In March 2018, Parfitt was hired. He



photo provided

had been the police chief and director of public safety at Florida SouthWestern State College in Fort Myers. He held the position for more than 10 years. He knew the responsibilities of his new position and he knew the areas he was going to serve.

According to Lee County school data, we have the 33rd largest school district in the U.S. with 90,000 students and 12,000-plus full- and part-time employees. Working to keep them all safe is a tremendous responsibility.

State school security and safety mandates were established after the Parkland school shootings:

Threat Assessment Teams (TAT) must be established at each school (120 for Lee), whose duties include the



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coordination of resources and assessment and intervention with individuals whose behavior may pose a threat to the safety of school staff or students, effective September 1, 2018.

TATs will be made up of teachers, coaches, guidance counselors and school resource officers. This team will focus on identifying threats and stopping attacks. Training to identify and pay attention to some of the red flags that previously have fallen under the radar. Florida, also, has a red-flag law regarding guns - a risk protection order to take weapons away from those that pose threat.

Florida has created an app where the community can send in tips to their designated assessment teams.

Önce a tip is sent, the team will immediately interview the student, friends, parents and even neighbors as well as check social media.

Schools must have a safety officer in every public school.

Schools must have Mental Health Awareness training for school personal.

Schools must be aware of changes in mental health referrals.

Parfitt said that safety cameras have been installed at more than half of the elementary school front door entrances,

Democratic Club To Hear Analysis Of Electon Résults

n Thursday, November 15, the Democratic Club of the Islands will hear an analysis of the midterm election results. The meeting will be held at The Community House, 2173 Periwinkle Way, at 7p.m. in the Founder's Room and is free and open to the public.

Sanibel resident Bob Schaeffer will discuss in detail the results of key local, state and national results from the midterm election. His analysis derives from years of experience as a national political consultant. As co-author of the book Winning Local and State Elections, Schaeffer has consulted for many campaigns around the country, and locally through his firm, Public Policy Communications. He currently serves on the boards of Fair Districts Now and played a pivotal role in winning the lawsuit which required Republican House members to redraw the voting districts which were judged heavily

and staff are able to monitor outside schools and visitors seeking entrance. Front doors are kept locked and staff must unlock doors for entry. All elementary and middle schools will be getting this type of school security. Lee County high schools already have security cameras.

Parfitt also pointed out that internal student assessment processes are extremely important. Many of these school attacks have been perpetrated by students themselves or by people familiar with the schools they attack. Mental health, student bullying events, poor home environment conditions, and feelings of isolation are significant signs that students need help coping with their problems. Lee County is doing its best but there is more to be done, and local and state agencies are continually improving safety and security measures to protect our school children. A mobile app for anyone that has a concerns about school safety – FortifyFL – has been activated for the reporting of suspicious activity and threats to schools, students, school staff, local law enforcement, school officials and state-level authorities. The Sanibel-Captiva Rotary Club

meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\$

gerrymandered to benefit Republican victories. He has also served as public education director of Fair Test: the National Center for Fair & Open Testing,

since its founding. Dessert and drinks will be served. To join the Democratic Club of the Islands, bring your check to the meeting, for \$30 single or \$60 family membership, payable to DCI, or mail it to DCI, P.O. Box 898, Sanibel, FL 33957. For more information, call 634-4295 or email demclubislands@gmail.com.**

From page 3B

Zonta

available for either group; those that are available will be assigned on a first come, first served basis. For additional information about Buy a Bus and Buy a Block and to make ticket purchases, send an email to peektickets@gmail.com.

Regular ticket sales will open to the public on January 1. For information about Zonta and the event, visit www. zontasancap.com. All contributions to Zonta, through the Zonta Foundation of Southwest Florida, are tax-deductible within IRS guidelines.举



Speaker Discusses Changes In The Natural World

submitted by Gloria Garrett

t the October 23 meeting of the American Business Women's Association (ABWA) Sanibel-Captiva Charter Chapter, Dorrie Hipschman, executive director of the Bailey-Matthews National Shell Museum, delivered an eye-opening speech as part of the club's Women in Leadership Speaker Series. The title of Hipschman's presentation was Life on Earth: The Museums, Our Responsibility, My Journey.

Hipschman explained that our local shell museum is a natural history museum, like the Smithsonian.

'Natural history museums are libraries of the natural world," said Hipschman. "As a group, we strive to keep irreplaceable samples of all life found on earth. In order to understand changes such as climate change, extinctions and new species, there has to be a record of existing plants and animals.

A fascinating explanation of the world's collections followed, ranging from rattlesnakes to the now extinct passenger pigeons. The museum's part of this is about 500,000 specimens of 18,318 species; the specialty on Sanibel is specimens from Southwest Florida and the Gulf of Mexico, especially mollusks, but the museum houses species from around the world.

Mollusks are some of the most endangered animals on the planet," said Hipschman. "And there are more mollusk species than all mammals and fish combined."

The discussion continued on species of the tiny, free floating mollusk pteropod. Sadly, they are going extinct faster than we can name them. So are freshwater bivalves, including clams and mussels in the United States. The sobering conclusion is that climate change and ocean acidification are real. And we are the cause.

As with many in the room who grew up with or have become very close to the sea, this is intensely personal for Hipschman. She was the daughter of scientists who spent her summers and holidays outdoors with family on a 35-foot wooden boat.



Dorrie Hipschman

"As far back as I can remember, the world has always been a living, breathing, dynamic and fascinating place," said Hipschman. "But if we don't grow up outdoors or spend our time learning the language of the natural world, we can become deaf to it. And that's a tragedy I'm committed to solving.

The discussion concluded with a description of the wide variety of activities available at the shell museum today and the exciting enhancements coming in the future. Live aquariums including junonia, horse conchs, giant clams, squid, nudibranchs, cuttlefish and giant Pacific octopus are planned, plus much more.

'Deafness to nature is curable,' concluded Hipschman. "And it's imperative that we address it, not only because of our collective impact on our environment, but because life goes from silent to sound... from black and white to Technicolor... when we are able to see and hear nature.'

To be true to her calling, Hipschman had to take control of her career in the for-profit sector and deliberately move it towards the natural world. She added, "When I started my career, I did not envision taking this path, but now I can't imagine doing anything more important."

The upcoming schedule of Women in Leadership Speakers includes Sandy Stilwell Youngquist of Stilwell Enterprises & Restaurant Group on November 27 and Kay Casperson of BeautifuLife by Kay Casperson in December.

Monthly meetings are generally held on the fourth Tuesday from 11:30 a.m. to 1 p.m. at Sundial Beach Resort & Spa, located at 1451 Middle Gulf Drive on Sanibel. For more information, visit https://abwasanibelcaptiva.org.☆





Pteropod

photo courtesy Bailey-Matthews National Shell Museum

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Hugh Hefner and his Playboy Bunny took first place

through donations, an entry fee, a pet

Canines For Clean Water At Over Easy Café

by Bob Petcher

The Howl-O-Ween Bash on the Over Easy Café patio on October 26 raised \$4,400 for the Captains for Clean Water nonprofit organization costume contest, raffle and sponsorship. Tabbed Canines for Clean Water, the evening event featured dogs vying for the top three awards for best costume. Hugh Heffner and his Playboy bunny took home the blue ribbon, while Carmen Miranda, a flying monkey and three Chiquita bananas placed second, and Baby the Island Mermaid placed third. Sponsors included Why Knot, Whitegu's Bait & Tackle, On Island

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Carmen Miranda, a flying monkey and three Chiquita bananas won second place

Betty Taylor, Suncatchers' Dream, Amy Jo's Boutique, Amy's Something Special, JB Designs, Sanibel Art and Frame, American Gallery Homes, John Naumann & Associates, Milissa Sprecher Photography, NOISE, Inc., First Merchant Payment Systems LLC, Favi Cakes LLC, Southeastern Guide Dogs, Performance Plus Automotive, King Contracting Services, Greenwood



Louis the Prisoner photos by Bob Petcher



Sunny the Spidergirl



Baby the Island Mermaid placed third

Consulting Services, Joyce Almas and Find Your Pawradise.

"It was a great night for an amazing event to benefit an extremely important group. Captains for Clean Water is doing a lot of hard work to help restore and protect our marine ecosystems, and we were so happy to help them out," said Liza Clouse and Trasi Sharp, owners of Island Paws and Over Easy Café.^{*}



Tina the Bear



Martini the Butterfly

From page 1B Retrospective

as a painter." She then met surrealist painter Jean-Paul Riopelle, with whom she lived with over the next 10 years in France and Montreal, Canada.

After returning to her school roots in New York, Jeffcoat continued to hone her craft as a professional artist. Over the subsequent decades, she had 20 solo exhibits and 35 group exhibitions in the United States, Canada and France. Her work can be found in several New York and Canadian museums including the Metropolitan Museum of Art, Brooklyn Museum, The Morgan Library, The Contemporary Museums of Art in Montreal and Quebec City, and in the Pierre Matisse Collection.

In 1998, Southwest Florida beckoned, so Jeffcoat returned to the region, first to Matlacha and then to Naples. Soon, she began teaching classes at BIG ARTS on Sanibel.

"She always said that Sanibel was her favorite place in the whole world," said Watson. "When she was a little girl, her father worked for a meat packing company. She used to ride the ferry over here with him when he was making deliveries to Bailey's General Store."

In 2008, Jeffcoat finally made Sanibel her permanent home. She soon became one of the island's most respected and admired artists, forming an everlasting bond with the close-knit community who embraced the artist's unique perception of the beauty of the natural environment.

"When you were talking with Hollis, you felt like you were the only person in



Jeffcoat's final painting, 7th Story: An Adventure Story, painted on Sanibel in 2017 photo provided

the world. She always gave you her full attention," explained Watson. "And she was the happiest person in the world. She loved being alive and working in the studio... she always enjoyed being able to paint. And the island community loved her work and just embraced her."

Watson also noted that the retrospective – which will be on display at the gallery through December 31 – will include some of Jeffcoat's earliest paintings, many of which are landscapes, abstracts and naturethemed works that became more prevalent upon her return to Southwest Florida.

"You'll be able to see the progression of her career as an artist," added Watson, who stated that her later paintings and drawings created while living on Sanibel

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show "the emotional and spiritual experience that she tried to put on her canvas."

Hollis Jeffcoat: My Life in Paint will also include a display of personal photographs and videos, along with some of her sketchbooks. For more information, visit www.watsonmacraegallery.com or call 472-3386.[‡]

Captiva Community Panel To Meet

The next meeting of the Captiva Community Panel is set for Tuesday, November 13 beginning at 9 a.m. in the Cone Rooms in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items will be a discussion about a review of the research concerning the ongoing Captiva Code work; a report on the hearing about the joint petition challenging the proposed Caloosahatchee management plan; an update on the wastewater committee and the county study; and committee reports and updates from other island organizations.

Public participation is invited and encouraged. The next Captiva Community Panel meeting is tentatively scheduled for Tuesday, December 11. Information and background documents are available online at www. captivacommunitypanel.com.





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Will Power Yesterday's Planning Upside Down



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

ow that the federal gift and estate tax exemption is over \$11 million per person, I've had some clients inquire whether they still need their revocable trusts, or if any adjustments should be made to their trusts. The short answers are "yes" and "yes."

Revocable trusts do more than plan for estate taxes. They keep our affairs private both in the event of our incapacity as well as our death. In today's world of identity theft, that's more important than ever. Revocable trusts also avoid tedious, time consuming and expensive court processes, such as a guardianship in the case of

your incapacity or a probate in the event of your death.

But let's talk taxes.

For those clients whose estates are larger than the current \$11.2 million federal exemption, estate tax planning may still play a role. These clients may have a foundational plan consisting of a revocable trust and related pour over will, durable power of attorney, health care surrogate and living will, among others. Moreover, when one has estate tax issues, advanced planning strategies are often considered.

But what about those of us below the federal exemption? There's still tax planning involved, but it is income tax planning. There are a variety of issues at play, including maximizing the step-up in tax cost basis that occurs upon someone's death, the income tax consequences to the beneficiaries of IRAs, 401(k)s, and annuities, as well as the collapsed income tax rate structure for testamentary trusts that continue for our spouse, children, grandchildren or other loved ones.

When the federal estate tax exemption was lower, it was common for married couples to segregate assets into a "husband's trust" and a "wife's trust." Upon the first spouse's passing, those assets were held in a "Credit Shelter," "Family" or "Bypass" trust, all of which have the common characteristic of being excluded from the surviving spouse's estate for federal estate tax purposes.

But for those with estates below the threshold, this planning may no longer be appropriate. Generally speaking, the beneficiaries would like to have a "step up" in tax

cost basis not only at the first spouse's death but also at the second. Allow me to provide an example. Suppose that Tom and Barbara each have separate revocable trusts, but their combined net worth is lower than the federal estate tax exemption of \$11.2 million, and that net worth is unlikely to rise to that level. When Tom dies, the assets in his trust achieve a "step up." In other words, the assets are re-valued at the fair market value as of Tom's date of death. Any unrealized capital gains

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Content

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reclaim their self-love and acceptance that wasdrained from them and learn the art of developing resilience



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their own energy healing doll created, hand-stitched and lovingly embellished by Katie Gardenia as a remembrance of this seminar. To hold and embrace when needed as a reminder of the protective energy you can manifest for yourself

Objectives

Introduction to Empathy; Understanding the Empath's Sensitive Soul and Gifts Trauma Betrayal and Its Effects on the Brain; Healing from PTSD. Protecting Yourself from Narcissists; Understanding the Spectrum of Impaired Consciousness Recognizing and Coping With Energy Vampires In Our Society, Learning to Establish and Set Rock Solid Boundaries; The Journey to Wholeness. Releasing Toxic Relationships in Your Life. The Art of Developing Resilience. Finding Self-Love and Reclaiming your True Power; Building Future Relationships Through Opening of the Heart

Upon arrival each guest may choose that existed the day before Tom's death, vanished upon his death. If his trust were to sell all of the assets the day following the death at the then fair market value, the capital gain or loss consequence would only be the difference between the selling price and the date of death value.

If Tom's trust creates a "Credit Shelter, Bypass or Family" trust for Barbara's benefit for the rest of her life, he's used his exemption and the assets will not be taxed in Barbara's estate when she dies.

But we don't care if those assets are included in Barbara's estate, because she won't have an estate tax. In fact, we generally want the assets included in her estate so that the ultimate beneficiaries upon Barbara's death get another step up in tax cost basis when Barbara dies, eliminating the unrealized capital gains that have accumulated between Tom's death and Barbara's death.

This requires a major transformation to Tom and Barbara's estate plan. I would venture to say that almost all of the recent estate plans that have come into my office in the last year are set up under the "old" planning technique, and that the beneficiaries to many families could minimize taxes if the Toms and Barbaras of the world would revisit their estate plans with someone who understands these issues.

Space constraints don't allow me to explore other significant income tax opportunities available under the new law. I'll review those further in future columns.

Hopefully, your takeaway from today's column is that if you haven't revisited your estate plan in the last couple of years, it's probably time to do so.

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ISLAND SUN BUSINESS NEWSMAKERS

John Naumann & Associates

he top producers at John Naumann & Associates for the month of October were: Kimberly Powers, top listing agent; Larry and

Debbie Hahn, top listing team; and Harrell, Tolp and Albright, top sales team.举





Larry Hahn

Debbie Hahn



Harrell, Tolp and Albright

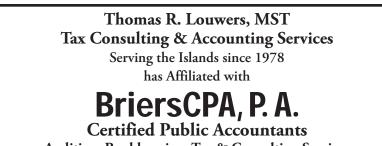
Lifeguard Course Offered

n American Red Cross Lifeguard Course will be offered at the Sanibel Recreation Center on Friday, November 16 from 3 to 8 p.m., Saturday, November 17 from 8 a.m. to 5 p.m. and Sunday, November 18 from 8 a.m. to 5 p.m. Upon completion of the three-day course, participants will be certified in lifeguarding, first aid, as well as adult and pediatric CPR/AED for the professional rescuer.

The American Red Cross now offers

course manuals online. Course material will not be provided. Participants must print a copy of the manual or download it prior to the class beginning. For step-by-step instructions for downloading and printing the course manuals, call the recreation center at 472-0345. Course cost is \$210 for recreation center members and \$275 for non-members. You must be at least 15 years old to register and able to attend all class sessions. Call the recreation center for swimming ability prerequisites. Class size is limited.

For more information contact Tasha Maddix, aquatics manager, at tasha. maddix@mysanibel.com.



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Our Disabled Veterans Need Your Support

submitted by Ted Tyson

Sanibel-Captiva, Cape Coral, Fort Myers and other Lee County cities honor the 100th year anniversary of the end of World War I on November 11, 1918, and all veterans, and military personnel who gallantly serve the United States of America.

The Disabled American Veterans (DAV) Chapter 108, again this historic year, is proud to remind donors that the DAV is known as the premier charity organization serving veterans and their needs, and is chartered by the government of United States of America. The DAV is the gold star of disabled american veterans support.

DAV Chapter 108, serving Sanibel-Captiva, Cape Coral, Fort Myers and much of Lee County, like other chapters nationwide, is really feeling the pinch this year. The 2017-18 floods and fires, Hurricanes Irma and Michael, and other disasters have stretched many charitable groups to the breaking point. Here on the islands and in Lee County, veterans and their families in are in dire need of assistance as funds usually available for grants to them have been redirected to other areas.

The coffers of DAV #108 are lower than ever. If the needs of our veterans and their families are to be met, we can only meet them with the dollars that



image provided

you donate during this November 1 to 30 campaign. Our federal and state governments are stretched to the limit. It is up to us, the people of Sanibel-Captiva and Lee County, to cover the costs in the immediate future. Your money will help provide the necessities to disabled men and women vets and their families right now, when they need the help. Your help is essential to those who have given their limbs, health and lives to making us safe. They gave their all to us; now we must give back their aid.

How can you help? Just write a check, made payable to DAV #108, and bring it or mail it to the Bank of the Islands, 1699 Periwinkle Way, Sanibel, FL 33957 (No cash, please).

Include your home address so we can mail you a tax deductible form for your records. Your heart, your friends and your country will give thanks.

Locals Earn Award For Book

The children's book, Rusty the Forgotten Fire Engine, written and illustrated by longtime Sanibel residents Joe Fisher and Jaye Boswell, has been selected as an Indie Book Worth Discovering by the prestigious Kirkus Reviews. The award recognizes books rated in the top 10 percent of all indie books reviewed positively by Kirkus Reviews during the year. Rusty the Forgotten Fire Engine tells

Rusty the Forgotten Fire Engine tells the story of a fire engine and the fireman and boy who love him, while following Rusty's journey from hero to outcast and back again.

The lighthearted and multi-layered story, richly told and whimsically illustrated, appeals to children and adults alike according to the review.

"Fisher's prose invites empathy, as does illustrator Boswell's understated suggestion of a face for in Rusty's grille and headlights," according to the Kirkus Review.

The surprise ending brings the tale to a heartwarming and satisfying conclusion that reveals all things have hidden value that is waiting to be released. *Rusty the Forgotten Fire Engine* is a classic story of love, loss, transformation and redemption.

Boswell is a 35-year resident of Sanibel. For 22 years, she was an award-winning art teacher in Lee County and at The Sanibel School. One of her class projects grew into the nationally acclaimed Junior Duck Stamp competition held annually at the JN "Ding" Darling National Wildlife



image provided

Refuge and boasting over 40,000 entrants a year from across the United States.

Fisher is a 24-year resident of Sanibel. He is passionate about the importance of loved ones reading to young children on a frequent basis. *Rusty the Forgotten Fire Engine* is his first children's book and is the written version of a story he created and told his children when they were young.

Download Rusty the Forgotten Fire Engine on Amazon Kindle, Apple iBooks, or Kobo. Autographed hardcover copies are available at www.joefisherbooks.com, on Sanibel at Bailey's General Store and MacIntosh Books and Paper.

There will be a book signing with Fisher and Boswell at MacIntosh Books and Paper on Friday, November 16 from 11 a.m. to noon. The store is located in 2330 Palm Ridge Road in Palm Ridge Place shopping center. For more information, call 472-1447.

Fisher and Boswell welcome opportunities to visit and read *Rusty the Forgotten Fire Engine* to children in local schools and libraries. For more information, email joe@joefisherbooks. com.*



Highlights From Optimist Club 3rd Annual Sanibel Blues & Jazz Festival





From left, singer/guitarist JP Soars, drummer Chris Peet and bassist Cleveland Frederick performing Sunday afternoon at the 3rd annual Sanibel Blues & Jazz Festival, a fundraiser for the Sanibel-Captiva Optimist Club photos by Jeff Lysiak

Johnny Jensen returned to the festival lineup for the second year



Brothers Kenny Neal and Darnell Neal



During JP Soars and The Red Hots' set, the audience jumped to their feet and danced

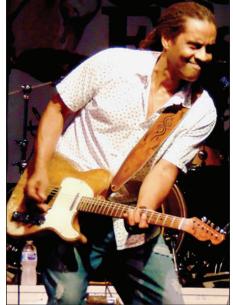


From left, Jennifer Mazziotti, Marty Stokes and Darryl Best



JP Soars playing guitar





Marty Stokes

Kenny Neal



Trumpet player Stephen Giro of the FGCU Jazz Ensemble



Drummer Miguel Azcuy of The Johnny Jensen Trio



Grammy-nominated blues musician Kenny Neal meeting Captiva's Johnny Jensen backstage



Saxophonist Jack Garrison and bass player Jonathan Taylor of the FGCU Jazz Ensemble



Volunteers and members of the Sanibel-Captiva Optimist Club at the check-in tent

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THE EXTRAORDINARY

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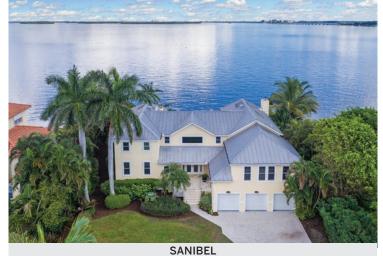
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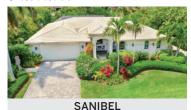
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SANIBEL AND CAPTIVA



4. Captiva Village home with stunning Gulf Views - Captiva

- 3 BR/4 BA fully remodeled home designed to take advantage of Gulf views from every level
- Wood floors, stainless steel kitchen, stone fireplace, multiple lanais, large master suite, grotto inspired pool with hot tub, wet bar and shower.
- **\$3,995,000** EUR € 3,475,070

5. Sea Oats-Short Walk to Beach

- 3BR/ 3BA home with enclosed pool
- Volume ceilings, custom millwork, and fully mitigated
- \$1,145,000 EURO 1,008,109

6. Bayfront and bank owned - Sanibel

- 5 BR/ 3.2 BA home with private pool, beach, and boat dock with lift
- Home features private elevator, multiple fireplaces, media room, large kitchen
- w/ separate butlers pantry, 3 car garage and more!
- \$2,590,000 EUR € 2,271,720



1. Santiva Home Designed & Built by Renowned Architect

- 4 BR/3BA with pool and pool house, steps from the beach with Gulf view from top floor
- Home & large property exude style and tranquility reminiscent of an Island resort or spa
- \$1,779,000 Euro 1,560,382

2. Direct Access Canal home with Boat dock & Lift – Sanibel

- 3 BR/3 BA home located on 100 feet of canal frontage with direct Gulf access
 Old Florida style home with boat dock & lift, quick access to San
- Carlos Bay, screen enclosed pool

• **\$1,100,000** EURO €901,136

3. Sundial West D-304

- 1BR/1BA with beach and Gulf of Mexico views from every room
- Features plantation shutters, new appliances, new A/C, and newly painted
- **\$399,000** EUR € 349,967





6

7. Fully remodeled in Sanibel Shores -Sanibel

- 3BR/2 BA remodeled and redecorated home with a modern coastal style
 Sprawling backyard with large pool deck and pool, walking distance to beach,
- tiki's, golf and more. Property generates \$80K in annual rental income
- \$849,000 EURO € 744,668

8. Sunsets over Clam Bayou – Sanibel

- 3 BR/2BA home located in gated community Heron's Landing
- Featuring private elevator, enclosed & open lanai for unobstructed bayous views
 \$1,099,000 EURO €900,317
- 9. Remodeled Loggerhead Cay Sanibel
 - 2 BR/ 2 BA gorgeously remodeled, plantation shutters, coastal furnishings, and enclosed lanai
 - Loggerhead Cay community offers pet friendly policies, pool, and deeded beach access
- **\$729,000** EUR € 639,414

10. Shell Seekers – Captiva

- 6BR/7.5 BA Olde Florida architecture style home offering stunning 180-degree direct views of the Gulf of Mexico
- Stunning coastal décor, 2 story coffered ceilings in the living room, gorgeous master suite & fantastic outdoor living
- **\$8,475,000** EUR € 7,191,332

11. Cottage Colony West – Sanibel

- 1 BR/1 BA direct Gulf front remodeled top floor corner unit
- Updated kitchen, vaulted ceilings, annual income over \$85K
- \$625,000 EUR € 512,009

12. South Seas Beach Home - Captiva

- 4BR/ 3BA with open and enclosed lanai space, perfect for daily sunsets
- Fully upgraded and remodeled, private deck, steps from the Gulf
- **\$3,375,000** EUR € 2,822,195







Tiffany, Jeff, Joan & Joe Burns

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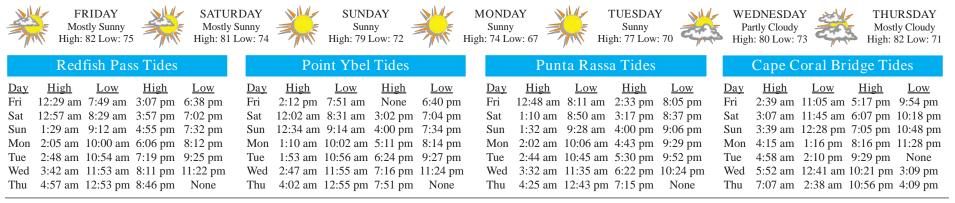
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Kathy Haungs, Denice & John Beggs





Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The center will be closed on Monday, November 12 in observance of Veterans' Day. Page Turners with Louise

Fitzgerald & Ann Hartman – If you are not on the Page Turners list, and wish to be, email oceann@ comcast.net or contact the center. The featured book for Wednesday, November 14 is *Before You Were Ours* by Lisa Wingate. There will be a book discussion at 2:30 p.m.

Line Dancing Classes – Tuesdays, November 13, 20 and 27 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Seven-Day Christmas Trip to New Orleans - Sunday to Saturday, December 2 to 8. Cost is \$1,364 for members (per person, double occupancy) or \$1,774 (single occupancy). Non-members are \$1,389 (per person, double occupancy) or \$1,799 (single occupancy). Includes round trip bus transportation, six-night accommodations including four nights in the heart of New Orleans, Oak Alley Planation, New Orleans Cooking School, Mardi Gras Museum, World War II Museum and Mississippi Jazz Brunch Cruise. Advance registration required.

A Southern Christmas:

Savannah & St. Simon's Island – Tuesday to Friday, December 11 to 14. Cost for members is \$574 (per person, double occupancy) or \$774 (single occupancy). Non-member are \$599 (per person, double occupancy) or \$799 (single occupancy). Includes round trip bus transportation, threenight accommodations (one in St. Simon's Island and two at the Holiday Inn Express in Savannah), five meals (three breakfasts, two dinners), the live Savannah Theater Christmas Show, tours and other attractions. Advance registration required, while spots last.

The Magic of the Keys – Tuesday through Thursday, January 22 to 24. Cost is \$574 for members (per person, double occupancy); \$844 single. Non-members are \$599 (per person, double occupancy); \$869 single. Includes round trip transportation, two nights at the Hyatt Place in Marathon, five meals (two breakfasts, two lunches and one dinner), Schnebly Winery tour and tasting, and lunch, full day in Key West with private tram tour and all-day hop-on/hop-off privileges, and tour of Dolphin Research Center. Advance registration required on a first come basis.

Let's Write with Vicky Lettmann – Monday, November 19 from 10 a.m. to noon. Cost for members is \$15 per class; non-members are \$20 per class. This class is for anyone who wants to write. During class, you will look at short examples of effective, engaging writing and then plunge into your own writing using exercises, prompts and various jumpstarts. Bring a notebook and pen. Space is limited, so sign up early.

Games

Cost for all games is \$2.50 for

members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Monday and Thursday at 1 p.m.

Hand & Foot – Thursday at noon. Hearts – Friday at 12:30 p.m. Kayaking on Tuesdays –

November 13, 20 and 27 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

ISLAND SUN BUSINESS NEWSMAKERS

Kingfisher Real Estate



Valerie Tutor

Robyn Moran

The top producers at Kingfisher Real Estate for the month of October were: Valerie Tutor, top sales agent; and Robyn Moran, top listing agent.



Pointe Santo de Sanibel B3!

Beautifully upgraded 2BD/2BA ground floor unit with partial Gulf views! Light and bright with impact windows, new tile, upgraded kitchen and baths. Great rental history with weekly rentals. Pointe Santo offers 600 feet of beachfront, heated pool, tennis, BBQ grills/picnic area, clubhouse with children's activities, and more.

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From left, Phyllis Gibson, trust company vice president; Robin L. Cook, trust company executive vice president; Bailey-Matthews National Shell Museum Executive Director Dorrie Hipschman; and Steve Greenstein, trust company executive vice president photo provided

SANIBEL CAPTIVA

COM

Trust Company Continues Partnership

THE

TRU

The Sanibel Captiva Trust Company continues to be a partner of the Bailey-Matthews National Shell Museum through its support of various educational programs and events.

"We are proud to sponsor many of the wonderful things done at the shell museum," said Sanibel Captiva Trust Company Executive Vice President Robin L. Cook. "The museum's array of programs provides an excellent way for residents and visitors to become better acquainted with our beautiful islands, as well as appreciate the museum's work and research."

For all those who have ever searched for the perfect shell, the Bailey-Matthews National Shell Museum is a rare find. It is the only museum in the country solely dedicated to shells and the animals that make them, mollusks. It will soon be breaking ground on major renovations that include an aquarium for further research of live mollusks and expose humans to these rarely seen creatures.

This accredited natural history museum is home to world-renowned malacologist

Jose H. Leal, PhD, marine biologists and highly-educated volunteers who are passionate about the study of shells, mollusks and protecting the biodiversity of the ocean. Among its many educational programs, the museum offers school programs, community outreach programs and daily beach walks.

For the 15th year, the trust company will be the Presenting Sponsor of the

Management Promotion At Island Bank

Rebie Roepstorff, president of Edison National Bank/Bank of the Islands, recently announced a promotion from within the bank's senior management.

Willy Ocasio, previously serving as assistant vice president and Sanibel-Captiva office manager, has been elevated to vice president. Her title will retain her position as the Sanibel-Captiva office manager.

"In the more than four years she has been managing our Sanibel and Captiva offices, Willy has consistently made customer service the top priority for the Bank of the Islands team," said Roepstorff. "Willy is approaching her eleventh anniversary with Edison National Bank/Bank of the Islands. We are delighted she has earned this elevated recognition."

Ocasio's office is in the bank's Sanibel location. A long-time resident of Lee County, she is actively engaged in the



museum's 2019 Under the Sea gala. The trust company will also partner in an exclusive event in the spring and be a sponsor of the month in 2019.

"Sanibel Captiva Trust Company continues to be a valued partner to the Museum," said Shell Museum Executive Director Dorrie Hipschman. "We are grateful for their support of our museum and our community."



Willy Ocasio

photo provided

bank's community service activities. Most recently, she was elected to the board of directors of FISH of SanCap, a United Way Partner Agency providing a comprehensive array of food programs and other social services on Sanibel and Captiva.*

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Two Big Season-Ending Professional Golf Tournaments Return This Year



by Ed Frank

It's that time of the year again when many of the world's top men and women golfers come to our area for two seasonending tournaments that draw huge crowds and provide big pay-offs to the winners.

CME Group Tour Championship

This brings the world's best 72 women golfers to the Tiburon Golf Club in Naples next weekend for this unique event, with a \$500,000 check to the winner of the Tournament Championship title.

In addition, \$1 million goes to the champion of the Race to the CME globe – a season-long points qualifying format based on performances of every LPGA tour event.

The final entry field of 72 will not be determined until the conclusion of this weekend's Blue Bay tournament on the Hainah Island in China.

In 2017, Florida's Lexi Thompson won the \$1 million Race to the CME Globe and Ariya Jutanugarn was the CME Group Tour Champion taking home the \$500,000 winner's purse.

After the reset of points following this weekend's tournament in China, the players in the top five positions will be eligible to win the CME Globe with a win of the CME Tour Championship, and the players in the top 12 positions will have a mathematical chance to win the CME Globe.

Yes, it's both a complicated and exciting format.

QBE Shootout

This marks the 30th year of Greg Norman's Shark Shootout that has been known by several names as the prime tournament sponsor changed. Despite the name changes, Hall of Famer Greg Norman has hosted each of the tournaments.

This year's shootout also returns to the Tiburon Golf Club in Naples from December 5 to 9 where 12 two-person teams compete for the \$3.4 million purse.

This year's field includes 12 of the top 50 ranked players in the world who have won 13 PGA tournaments this year. Four past champions, including one winning

SPORTS QUIZ

- 1. In 2017, Cincinnati's Scooter Gennett became the second player since 1901 with four home runs and at least 10 RBIs in a game. Who was the other?
- 2. In the 1960s, three San Francisco Giants combined to win the National League home run title in seven seasons. Name the three.
- 3. When was the last time before 2014-16 that the University of Tennessee's football team won three consecutive bowl games?
- 4. Name the last NBA team before the Cleveland Cavaliers in 2016 and 2017 to win their first seven playoff games in consecutive seasons.
- 5. Patrick Kane set a record for the U.S. men's hockey team at the Ice Hockey World Championships in 2018 by tallying a total of 20 points. Who had held the record?
- 6. Jocelyne Lamoureux-Davidson set a women's hockey record at the 2018 Winter Games for fastest back-to-back goals in Olympic history (six seconds). Who had held the mark?
- 7. Who was the last men's golf major championship winner before Francesco Molinari in 2018 (British Open) to play the final two rounds without going over par on a hole?

ANSWERS

1. St. Louis' Mark Whiten, who had four home runs and 12 RBIs in a game in 1993. 2. Orlando Cepeda (1961), Willie Mays ('62, '64, '65) and Willie McCovey ('63, '68, '69). 3. It was the 1994-96 seasons. 4. The Minneapolis Lakers in 1949 and 1950. 5. Richard Roberge, with 16 points in 1962. 6. Canada's Caroline Ouellette scored goals 16 seconds apart in 2006. 7. Steve Elkington, at the 1995 PCA Championship. team, also are in the field.

Defending champions Sean O'Hair and Steve Stricker will attempt to become the first team to win back-to-back shootouts since 2004.

Kevin Chappell and Kevin Kinser will be a team for the third straight year, and Tony Finau and Lexi Thompson are paired together for the second year in a row. The QBE shootout is the only PGA Tour event to have a female professional competing in each of the last three years.

The remaining field for this year's shootout is: Billy Horschel–Brandt Snedeker; Harold Varner III–Bubba Watson; Byrson DeChambeau–Kevin Na; Patton Kizzire– Davis Love III; Pat Perez–Kyle Stanley; Emiliano Grillo–Grame McDowell; Charley Huffman–Gary Woodland; Charles Howell III–Luke List; Luke Donald–Andrew Landry.

In announcing the field, Norman said, "In the last four years, the champions have had to execute on the final hole to win the title, and with this field and these teams, it should continue to be a very close contest right to the end again this year."

The shootout will feature a scramble format in the first round, a modified alternate shot format the second day and a final round four-ball for the Sunday final round.

CureSearch for Children's Cancer is the tournament's primary charitable beneficiary. Since 1989, the shootout has raised more than \$13 million for charitable causes.

Blood Drive This Sunday At Sanibel Community Church



LeeHealth Bloodmobile

The LeeHealth Bloodmobile will be on site at Sanibel Community Church, located at 1740 Periwinkle Way, this Sunday, November 11 from 9

Pick-Up Softball Monday Nights

Pick-up softball games are played on Monday nights at the Sanibel ball fields beginning at 6:30 p.m., weather permitting. This recreational opportunity is available to both men and photo provided

a.m. to 1 p.m. Give the gift of life to a neighbor – donate blood.

For more information, call 472-2684 or visit www.sanibelchurch.com.茶

women ages 18 and over of all ability levels. There is no fee to participate, just bring your glove. Players must wear closed-toe shoes. No metal cleats of any type may be worn. No sandals or bare feet allowed.

For more information, contact Char Durand at charlotte.durand@mysanibel. com or call the Sanibel Recreation Center at 472-0345.[‡]





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ISLAND SUN - NOVEMBER 9, 2018 21B



Campaign co-chairs Linda Doggett and Robert Shearman with the thermometer showing 62 percent of the United Way goal achieved photo provided

Campaign Launched For United Way

More than 800 people celebrated the kick off of the United Way of Lee, Hendry, Glades, and Okeechobee's 2018-19 Campaign at the Barbara B. Mann Performing Arts Hall recently. The crowd cheered the announcement of the winner of a twoyear lease on a Scanlon Acura and the total of \$6,355,425 raised toward the \$10,301,386 goal.

"We thank everyone for coming out this morning and helping to get this year's campaign off to such a great start. It's wonderful to see such a large turnout. By your attendance, it is easy to see that we have all come together to make sure that United Way and the United Way network of partner agencies continues to be there for our community, providing critical services to those in need," said United Way Board Chair David Fry. "Over the past 62 years, our United Way has raised and distributed over \$166 million dollars and has helped our community's social service network change the lives of countless numbers of people in our community."

Fry congratulated and thanked 2017-18 campaign chairs Beth Hendry and John Clinger, who led United Way to its first ever \$10 million dollar goal. "Under their leadership, we not only met the goal, but exceeded the goal and raised \$10,000,133, a four percent increase over the prior year," said Fry. "This marked the 25th consecutive year that our United has either met or exceeded its goal."

Members of the local Boy Scouts and Girl Scouts carried the flags and led the Pledge of Allegiance. Leanora Holloway from the Quality Life Center's Teen Program sang *God Bless America*, and Major Timothy Gilliam of The Salvation Army gave the invocation.

Rachel Pierce and Clay Miller, NBC-2 morning anchors and emcees, called the final five contestants up to the stage for the drawing for a two-year lease on a new Acura from the John Scanlon Auto Group. The winner was Joanne Lashey of Henderson, Franklin, Starnes and Holt, PA. The car drawing was an incentive for the donors to the 2017-18 campaign. Everyone who gave \$240 or more to last year's campaign was entered into the random drawing.

United Way Campaign Chairs Linda Doggett of Lee Clerk of Courts and Robert Shearman of Henderson, Franklin, Starnes and Holt, talked about the campaign and the campaign theme: The Power of U. "This year's campaign goal is \$10.3 million. For that ambitious goal to be met, it is going to take a collective effort," Doggett said. "One person's gift, united with many, can make a stronger community for all of us. The Power of U is the power of United Way."

Shearman added, "The Power of U is more than just a logo. It is more than just a slogan. It is about people. It's about community. It's about keeping 92 percent of every dollar raised right here in Lee, Hendry, Glades and Okeechobee counties. The Power of U is about our networks. It's about 96 agencies serving the people of our community. Helping children who are hungry, families that may be in crisis, helping our veterans find jobs and supporting our seniors. The Power of U is truly the Power of All of Us." United Way Pacesetter Chairs

Cindy Hawkins of Wiltshire Whitley, Richardson, and English, and Peter Dulac of Enterprise Holdings announced the Pacesetter results that represent 62 percent of the goal, the highest dollar amount ever reported at kick off.

Publix again broke the \$1 million mark by raising the most of any of the Pacesetter Companies with \$1,770,301. The remaining top 10 Pacesetter companies include: 2. Bonita Bay Group with \$500,230; 3. Chico's FAS with \$250,000; 4. FineMark National Bank & Trust with \$210,530; 5. LCEC with \$209,003; 6. Enterprise Holdings with \$208,038; 7. Lee Health with \$197,154; 8. Lee County School District with \$153,485; 9. McGriff Insurance Services with \$110,961; and 10. Lee Board of County Commissioners with \$108,000

All money raised in the United Way Campaign stays in the local community

Sanibel Law Firm Receives Recognition

The Sanibel law firm of David M. Platt, PA has been selected by U.S. News – Best Lawyers as one of the Best Law Firms in America for 2019.

The law firm opened on Sanibel in June, 2018, and this is the first year for inclusion in U.S. News – Best Lawyers.

Since it was first published in 1983, Best Lawyers has become universally regarded as the definitive guide to legal excellence. Best Lawyers lists are compiled based on an exhaustive peer-review evaluation. Over 83,000 leading attorneys globally are eligible to vote, and Best Lawyers have received more than 13 million votes to date on the legal abilities of other lawyers based on their specific practice areas around the world. Lawyers are not required or allowed to pay a fee to be listed; therefore inclusion in Best Lawyers is considered a singular honor. Corporate Counsel Magazine has called Best Lawyers "the most respected referral list of attorneys in practice."

Platt was previously selected for his work in Trust and Estates Law and Trust

to help support the local human service network of partner agencies. For more information, call 433-2000 or visit www.unitedwaylee.org.茶



David M. Platt

photo provided

and Estates Litigation as a Best Lawyer since 2006. With over 35 years of experience, he concentrates his practice in estate planning, estate and trust administration, pre- and post-nuptial agreements, real estate and business entity formations.

Platt has also been recognized throughout his career by The Best of the U.S. LLC, Florida Monthly and has been included in *Superlawyers* since 2012.



Beautifulife: Fall In Love

by Kay Casperson



re you in love... with your life? What do you love about fall? The word fall means many things to me. Fall is a time to embrace change and to look forward to a clean, crisp

smell in the air and in our surroundings. It is a time for weather changes, new colors in the leaves and changes in nature

Fall can also be a fun time for wardrobe changes and altering our everyday routines. No matter where you live, I know for sure, we all look forward to bringing out those sweatshirts and cozy sweaters.

There is no better time than now to reflect on the things you love about your life and also the things that you want to make better or different. The warm hues of fall bring a beautiful feeling of comfort and calm. I can't think of a better, more relaxing thing to do than to snuggle up in my comfy sweatshirt and a blanket, and watch a favorite movie or the football team I'm rooting for that day.

I encourage you to embrace this

time to fall in love with your life all over again and to reflect on the beautiful things you have accomplished, but also have yet to do. Make a list of the areas in your life that are heading in the right direction and working out great for you. Then, also make a list of the things that might not be going as planned and that you may need to change direction on or create a new plan for. This can be an excellent time to make those muchneeded repairs on your home, look into a new hairstyle or get a whole new look. Start to think about decorating for the holidays, bring out the throw blankets and focus on a project you have been putting off.

The most important thing that fall reminds me of is that it is a new season for many things ... love, life, health, family, friendships, projects, work, visitors, clients and many new success stories. Take this time to embrace it and do whatever it takes to fall in love with your beautiful life all over again.

My affirmation for you this week is: "I will embrace this time to make any changes needed to fall in love with my

life today and every day." Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.

Doctor and Dietician Nordic Diet



by Ross Hauser, MD and Marion Hauser, MS, RD

ave you heard of the Nordic diet? It's taken from traditional Nordic meals of Denmark, Finland, Norway, Iceland, Sweden and Greenland and consists mainly of fish, cabbage, rye bread, oatmeal, apples, pears and root vegetables. Like the popular Mediterranean diet, the Nordic diet leans towards more fruits, vegetables and organic food intake. This plant-leaning nutrition style encourages whole grains rather than processed, sugary foods. Meals are homecooked, with an emphasis on food from the sea, lakes and wild countryside, and consist of less meat.

Dark, dense rye bread is a popular Nordic food that is rich in fiber. Whole grain rye appears to help normalize glucose levels and provide tumor inhibition in prostate cancer. Berries are

Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.





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Superior Interiors Change With The Seasons



he newly arrived holiday season has taken over nearly all aspects of retail life. It can be tempting to grab the festive decorations that consume the aisles

and catalogs. A seasonal update can freshen up both homes and lives, but don't be limited to schemes that will be outdated in a few months. Seasonal enhancements and accessories added to existing furniture can bring a space into the holiday spirit that will continue to add warmth and coziness until the spring months arrive.

Slipcovers are often overlooked as a means of transforming spaces, but they bring different upholstery looks to various settings. Custom slipcovers are a luxury available to enhance any upholstery frame and give it new personality. Hues of gold, deep greens, plums and bronze add the comfort of more temperate weather to a previously summer-based room. Not only does this transition a space into the events of

common too, playing a healthy role as an antioxidant source that helps keep arteries healthy and flexible, which may

decrease blood pressure levels. The long coastlines provide rich sources of fish, with herring and mackerel being traditional Nordic foods. The omega-3 fatty acid content may lower the incidence of heart arrhythmias, lower triglycerides and lessen plaque buildup. Beans and peas are a major source

of complex carbs in the Nordic diet and are a great protein source, which can replace some of the calories from red meat. They also have lots of nutrients like riboflavin, B6, calcium, zinc and iron.

What about the results? Does the incidence of chronic disease decrease by following the Nordic diet? Some studies say it does. For instance, the consumption of whole grain rye bread was associated with a lower mortality in men. Following a traditional Nordic diet may also decrease cholesterol levels and insulin sensitivity.

While more specific benefits of the Nordic diet are still being evaluated, we know eating fresh, whole foods, while avoiding processed and sugary foods, is a healthy way to go overall.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.☆

fall, it also carries over into the winter months, and on through the New Year. Lighting is a go-to for changing

the mood of a home throughout the calendar year. The stark brightness of the summer months can be combated with the help of lamp shades; these also have the power to bring warm, golden tones to warm any room.

Tables seem to be a constant focal point of the holiday season; people tend to gather around a laid-out feast to commemorate their experiences with family and friends. Flowers are timeless centerpieces, but the platform can be spiced up with a decorative bowl or an arrangement of candles. The bowl can be filled with festive ornaments, such as miniature gourds or pumpkins for fall and gold and silver items for winter. A display of a scented, rustic potpourri of nature's beauty can also lead to a welcoming environment. Candles, coupled with valued crystal mounted on mantels, act as accessories and functional contributors to the festive atmosphere. An artful and unexpected addition to a tablescape could also include a collection of small framed photos or sculptural figurines positioned within floral accents. Use your imagination and bring out some of your treasured keepsakes for your guests to enjoy.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@ coindecden.com.☆

by Trinette Nelson

Health Benefits Of White Sage



by Suzy Cohen, RPh

ear Readers: White sage is known botanically as *Salvia apiana* and can be purchased in a bundle. You can also drink it as a tea. This plant has impressive medicinal properties and is

used in many wellness rituals. I think some people mistakenly assume you can get high off it, but you can't. I also want to emphasize this is a medicinal herb for everyone – it's not just for new agers – and its benefits were put on Earth for all to utilize.

Sage is just like every other herbal remedy you've heard of. You can take

Got A Problem?

Dr. Connie Is In

herbs as a dietary supplement (think ginger, echinacea or dandelion)... you can drink tea from the plant (think chamomile or coffee), or you can apply an herb as a compress (think of calendula). You can distill plants and inhale their essential oils, (think of lavender or peppermint). It's all medicine. I'm just giving you a new way to extract the medicine from a plant, by burning it, and this practice is referred to as smudging.

Here are five benefits of white sage: 1. Treats sinus infections – You can inhale the aroma given off a burning white sage bundle for a few minutes, or you can drink it as a tea. However you do it, it's the compound called "eucalyptol" also known as 1,8-cineole that, when inhaled, reduces painful sinus inflammation. It may kill the associated pathogens too. That's pretty amazing considering the side effects of prescribed antibiotics and antihistamines.

2. Calms a sore throat – Sage leaf tea is a proven strategy for alleviating a sore throat, at least according to

in relationships when their partner, family member, co-worker, or so called friends are takers and users. The empath takes on this energy, and they can become over-loaded, over-whelmed, hurt and anxious, thus taking on unnecessary stress and angst.

This differs from empathy in that one can have empathy for another and feel for his/her emotions. An empath actually takes it on into their own bodies.

The following are some characteristics of an empath:

1. Labeled oversensitive, shy or introverted.

2. Frequently becomes anxious and/or overwhelmed

3. Tends to startle easily

4. Tends to need time alone and/or socially isolated

5. Absorbs others' stress, emotions or symptoms

- 6. Prefers one-on-one interaction or small group gatherings
- 7. Finds that crowds are draining and needs recovery time from them

8. Needs a long time to rejuvenate after

being with difficult energy-draining people 9. Feels overwhelmed by excessive talking, noise, smells, stimulation

10. Prefers to take own car places so they can leave when they have had

enough 11. Fear of becoming suffocated by

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239-395-5858 www.IslandTherapyCenter.com 2242 Periwinkle Way, in the Sanibel Square. the U.S. Department of Agriculture Plant Guide. Sage tea as you know will reduce mucous secretions of the sinuses, throat and lungs.

3. Relieves menstrual pain – White sage tea might provide relief from menstrual period cramps and possibly some symptoms of menopause like sweating and hot flashes. This benefit occurs because sage contains phytoestrogens, which are plant-derived estrogens.

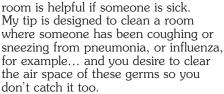
4. Provides cleansing energy – Sage is kind of like an eraser, it will help remove the day's burdens and ease emotional suffering. It may help with mild anxiety or depression. Smudging is the quickest way because, when you inhale, the compounds go straight to your bloodstream and brain. Just FYI, the practice of burning herbs (aka smudging) is a non-religious one. You're just burning plant leaves rather than swallowing the supplement. If you'd like, you can certainly pray while you burn the medicine.

5. Cleans the air – Burning the embers of sage (aka smudging) in a

intimate relationships; wanting love yet wanting to be alone

12. Overeats to cope with stress If you answered yes to one to five of the characteristics, you are a partial empath. Six to ten, you have moderate empath tendencies, and more than 10, you have strong empath characteristics.

Empaths deserve to express their true needs without fear of judgement or criticism. They need to always remember



If you work in nursing homes, clinics or hospitals, you might want to go home and smudge yourself to help deter infection from pathogens that hitched a ride on your clothes. Research has found that burning sage for an hour reduced the levels of bacteria in the air by 94 percent, and this benefit lasted for 24 hours.

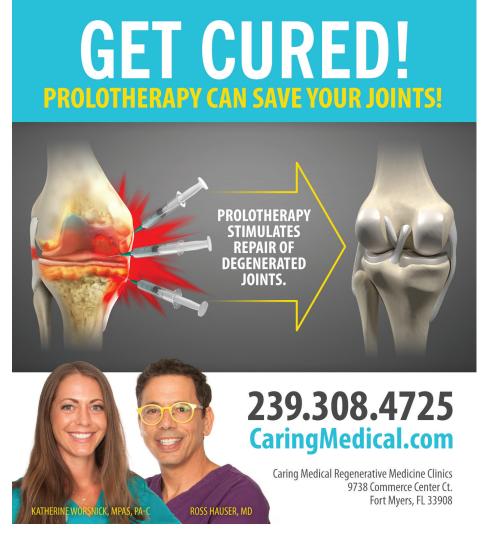
If you don't want to burn it, drinking sage tea is an option. You can make your own white sage tea, or buy a commercially prepared form at health food stores and online.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.

that they have a beautiful radiance that exudes love and compassion.

Empaths are here to stand in the light and shine their gifts onto others.

Constance Člancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*



by Constance Clancy Q: Can you describe exactly

describe exactly what an empath is and some of the characteristics of an empath?

A: An empath is a highly sensitive, intuitive and caring individual. Empaths

have many sensitivities and gifts, yet they encounter their own challenges as well.

Empaths have an extremely permeable nervous system and hyperactive reflexes. They experience the full spectrum of emotions; pleasure and pain, at times to an extreme. They see the good in everyone and trust others. It is estimated that 75 percent of women are empaths and 25 percent are men.

Empaths are highly tuned into other people, nature, animals, and can be sensual and responsive lovers. The challenge is that empaths can be sponges and take on the energy of others that is not to their advantage. They can be hurt



press@islandsunnews.com

PETS OF THE WEEK

Lee County Domestic Animal Services Blondie And Betty

ello, my name is Blondie, and I am a 10-year-old female chihuahua pocket-sized senior pet. Although I am blind, I will come right to you when you call me and can navigate my way around quite well. My adoption fee is \$25.

Hi, I'm Betty. I'm a 6-month-old female domestic shorthair. I love everybody. I am is a bundle of love that likes to play and run around and rub up against the brush on my cattery door. Stop by and meet me today.

My adoption fee is \$10, and you can adopt me and get another kitty for free.

Blondie ID# A757662

Fall in Love with your new best friend during LCDAS' fall promotion that enables those interested to adopt a dog age 5 months or older for just

Haven on Earth Animal League Siamese And Dylan

I? I'm a beautiful 12-year-old male Siamese cat named Siamese. I am a very sweet kitty and am in need of a new home as my human can no longer keep me. I am looking for a quiet home with someone who wants to give me lots of affection. I have been fully vetted and brought up to date on all vaccines. My adoption fee is

Hello, I'm Dylan. Aren't I just adorable? I'm only 8 months old, so I'm quite

PAWS Of Sanibel Brava And Lucy



Lucv

wo very unusual and beautiful sisters are up for adoption. One is tortoiseshell cat with white or calico features, while the other is a dilute tortoiseshell.

These photos do not do them justice, as they are much more adorable in person. Adopt one, or keep them together and adopt both. They are four and five months old. They come with complete vet check-up, all shots, tests, wormed, treated with flea preventative and spayed.

Call Pam at PAWS at 472-4823 to adopt one or both.公

\$40, and cats for \$10 throughout the month of November.

Although fees are reduced, the adoption package still includes spay or neuter surgery, ageappropriate vaccinations, flea treatment, feline AIDS and leukemia test for cats, heartworm test for dogs age 6 months and older. Lee County license for



photos provided

Betty ID# A752154

pets 3 months or older, microchip ID and a 10-day health guarantee. The adoption package is valued at more than \$500.

For more information, call 533-7387 (LEE-PETS) or visit www.leelostpets.com. Also visit our Facebook page or Instagram @leeanimalservicesThe shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www. leegov.com/animalservices or call 533-7387.☆

the playful kitten. I like other cats and hope I can find a home with another young kitty to play with. I'm neutered and up to date on all vaccines. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at www.havenon earthanimalleague@yahoo. com. We are being cared for



by Haven on Earth Animal League. For more Dylan information, call Diane at 860-833-4472 or email

havenonearthanimalleague@yahoo.com.☆





Sonny And Cher

his is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.举



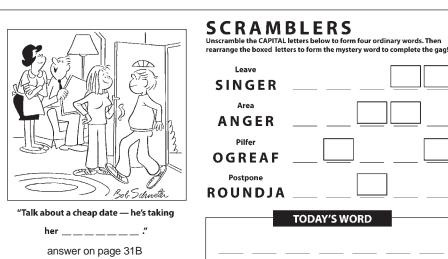
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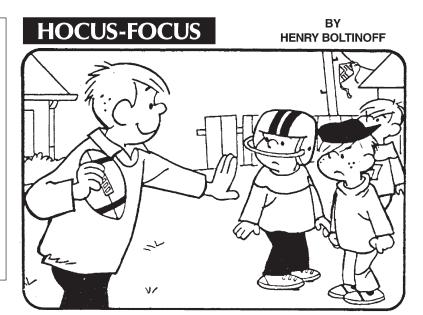
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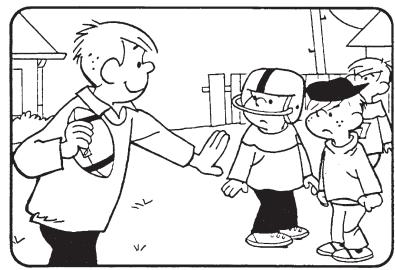
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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Football is turned. 2. Arm is moved. 3. Fence is shorter. 4. Helmet stripe is missing. 5. Kite is missing. 6. Shirt is shorter.

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answer on page 29B

SUDOKU

To play Sudoku:

and every 3x3 box contains the numbers

Complete the grid so that every row, column

1 through 9 (the same

number cannot appear more than once in a

guessing and no math involved, just logic.

row, column or 3x3 box.) There is no

TREE & LAWN CARE



PAINTING



POOL SERVICE & REPAIR

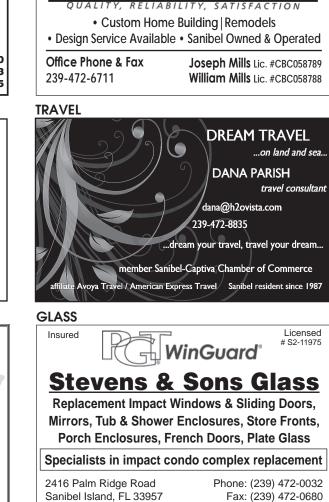


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A S P E C T B I P E D S M A S C A R A A P O L L O A M E L I A E N G A G E S C A R A A D D L L D A M E L I A E N G A G E S D	BAT PICAS BRO	4	2	9	5	6	8	3	7	1
H O U S E M A J O R I T Y D I T T I E S S T T E R E S A K I W I E L L E S K I T H M A N I N T E R E S T	USEANIME OOH SHELLGAME MUM	1	8	7	9	3	4	2	6	5
A D A U N I T E R A I S E C O N C R P O E T R A I S E		6	3	5	2	1	7	4	9	8
D E T A I N E E P R I E K O R R O I C R E T A N D O I C A S I N O J A C K	RIBBONDNEWS IRABRUMEREHAB TRAMPOXLINETW	2	7	1	8	9	5	6	3	4
C L U E C A B C E O W A T C H F I S H I L I E N A S T A S E Z E E S	PINTETCODELE S O KOFA S	5	4	8	3	2	6	7	1	9
I N K R I O A G U T K A I Z F A I R M O U N T N O R T O M A	ASDICSOYLEA SLOEWILLED OSGNLBHB	3	9	6	4	7	1	8	5	2
S E R B I A C A U T I O N A R Y N O T E R O M E O T E P I D M O O	REHEAT SEE	8	1	3	7	5	2	9	4	6
J U V E N I L E C O U R T R A T A O R A N A A D A R S E R E N A D E	AVE SHELLEYAN NULL TERUDEEVE NOAR IPH	7	6	4	1	8	9	5	2	3
W I L D C A T B A C K U P S I N G E R S L A L A N N E A T H E N A L E E R A S H I N N E D L E N N N D	NIL TEPIDEVE ILL SLAPS TAT G HC GTB S	9	5	2	6	4	3	1	8	7

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RICHARD J. GARCIA, GRI, BROKER 239-472-5147 garciaonsanibel.com Offering Personal, Private, and	Toll Free: (800) 472-5385 Fax: (239) 472-5858 www. cottages-to-castles.com 1/26 * TFN	ON SANIBEL 2 bdrm / 1 bath, East End. 1/2 of Duplex, piling home. Walk to beach. Washer & Dryer in unit, Private sundeck. Includes yard service & pest control. No Smoking / No pets. \$1,750. Call Bob 410-913-2234. 10/19 # TFN	PROFESSIONAL CAR WASH & WAX & DETAIL BY HAND Sanibel & Captiva Islands & South Fort Myers.	PART TIME DATA/CONFIRMATION PROCESSOR Part Time Data/confirmation processor for Sanibel Vacation Rental company. Good working knowledge of Excel spreadsheets; MS Word.
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	11/9 🔆 11/9	ROGER NODRUFF ELECTRIC		Friday and Saturday Nov. 9 and 10, 8 a.m. to 1 p.m.
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This was Molnar Electric's old office. Call Judy at 239-851-4073. 8/5 ☆ TFN	Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188. 7/27 * TFN	SCARNATO LAWN SERVICE Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com	 troubleshoot hardware and softwaré, high school diploma, computer equipment and software experience; some college preferred. \$10-15/hr. dependent on exp. Tolls pd. JD avail at sanlib.org/employment. Send resume to secretary@sanlib.org 11/9 * 11/30 	equipment, shell mirrors, crafting items, tandem bicycle, and alot more. 1035 South Yachtsman, Sanibel November 16 & 17, Friday and Saturday from 9-1. 11/9 * 11/16

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My Stars *******

Aries (March 21 to April 19) Keep your feelings to yourself as you work through an awkward circumstance. Complaining is useless, and also unwise since your words could come back to haunt you.

Taurus (April 20 to May 20) A sudden flash of Bovine practicality shows you how you might be able to turn your artistic pursuits into a profitable venture. A spouse or partner offers some sage advice.

Gemini (May 21 to June 20) Be prepared with several "Plan Bs" that you might have to use as backups just in case you encounter some troublesome complications with your carefully constructed schedule.

Cancer (June 21 to July 22) You might think you'll never have a free moment again with the demands of the workplace piling on. Cheer up. The pressure eases as holiday time nears. An old friend brings good news.

Leo (July 23 to August 22) Your Leonine pride might make it difficult to offer an apology to a co-worker you unintentionally offended. But a quick and sincere "I'm sorry" could prevent problems down the line.

Virgo (August 23 to September 22) This is a good time to tackle those backed-up chores that have kept you from moving into other, potentially more worthwhile projects. A personal matter needs your attention.

Libra (September 23 to October 22) You usually have no problem rushing to the defense of someone you perceive as being treated unjustly. But perceptions could be deceiving this week. Check the facts before you act.

Scorpio (October 23 to November 21) Before you point fingers at who might be to blame for the unexpected change in your plans, take a few moments to reflect on how this turn of events might be a blessing in disguise.

Sagittarius (November 22 to December 21) You seek out advice in the first part of the week. But be careful not to let counsel from others overshadow your own sense of perception. Things become clearer by the week's end.

Capricorn (December 22 to January 19) The trusted colleagues you relied on earlier continue to offer support with your project. But you take more control, and by the week's end, you should be in full command.

Aquarius (January 20 to February 18) Rely on your practical side while exploring investment possibilities. Caution is still your watchword in these matters. Your social life takes a gratifying turn by the week's end. **Pisces** (February 19 to March 20) An already confusing situation appears to grow murkier during the first part of the week. But it all starts to clear by the week's end. Plan to spend the weekend with someone special.

Born This Week: You have a passion for life that inspires others to follow your example. You could be a motivational speaker.

STRANGE BUT TRUE

• It was civil-rights leader Martin Luther King Jr. who made the following sage observation: "Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity."

• Everyone knows that a sophomore is someone in his or her second year of high school or college. Most people don't realize, though, that the word is derived from the Greek words "sophos," which means "wise," and "moros," which means "stupid."

Have you ever tried to hum while

holding your nose? It can't be done.

• The creator of the ubiquitous smiley face earned a grand total of \$45 for his creative effort.

• If you're a pet owner, you probably know that the epidemic of obesity is not limited to humans; many pets are overweight, too. You might be surprised to learn, though, that some pet owners choose to deal with the problem in a way that we usually associate only with people: liposuction. Yes, you can get cosmetic surgery for your pets.

• If you hear the word "Bilbo" you might think of a famously adventurous hobbit, but a bilbo is also a finely tempered Spanish sword.

• A recent study by scientist Karl Berg suggests that an adult green-rumped parrotlet, a tiny bird native to Venezuela, will "name" its babies, assigning each a particular series of peeps to identify it. Not only that, other parrotlets then learn to associate that exact series of peeps with that particular bird, and actually use the sounds to get that bird's attention.

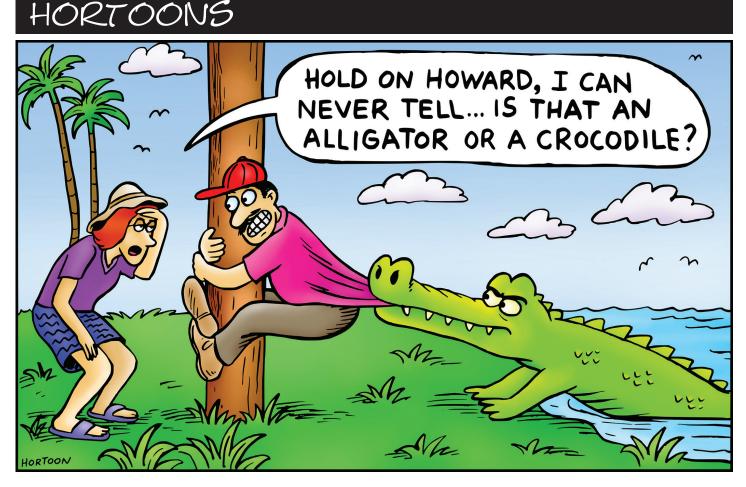
• In the original version of the Grimm Brothers' fairy tale *Cinderella*, doves peck out the stepsisters' eyes at Cinderella's wedding.

THOUGHT FOR THE DAY

"Life is not a spectacle or a feast; it is a predicament." – George Santayana

SCRAMBLERS

Resign; 2. Range;
 Forage; 4. Adjourn
 Today's Word
 JOGGING



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Fort Myers	Fort Myers	2017	9,219	\$7,777,777	\$7,000,000	1
Metes And Bounds	Sanibel	1975	2,366	\$1,949,000	\$1,800,000	403
Town And River	Fort Myers	2017	2,704	\$1,350,000	\$1,247,500	26
Cape Coral	Cape Coral	2008	3,564	\$1,100,000	\$990,000	194
Lakemont	Bonita Springs	1993	3,399	\$1,098,500	\$1,000,000	385
Edgewater	Fort Myers	1998	2,746	\$924,900	\$885,000	28
Fort Myers	Fort Myers	2005	2,400	\$899,000	\$879,900	13
Bonita Beach	Bonita Springs	1980	1,643	\$849,000	\$803,500	68
Corkscrew Shores	Estero	2016	4,185	\$799,999	\$780,000	32
Lexington Country Club	Fort Myers	1999	3,100	\$739,900	\$730,000	0

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